



# Gravitational Waves

## from Rotational Instabilities of Compact Stars

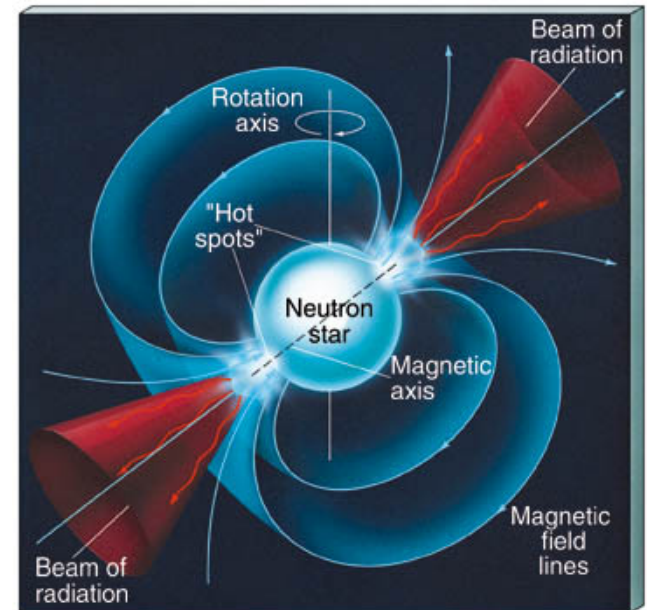
**Kostas Kokkotas**

Theoretical Astrophysics  
Eberhard Karls University of Tübingen

# Neutron Stars

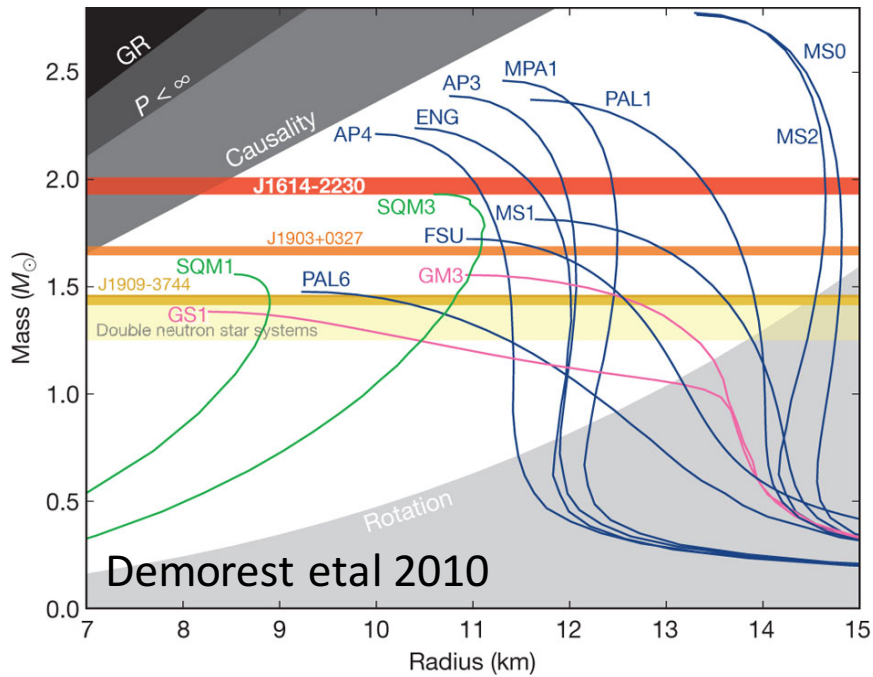
- **Neutron stars** are **stellar remnants** resulting from the gravitational collapse of massive stars in supernova events.
- They are the **most compact stars** known to exist in the universe.
- They have **densities equal to that of the early universe** and **gravity similar to that of a black hole**.

• <b>Conjectured</b>	<b>1931</b>
• <b>Discovered</b>	<b>1967</b>
• <b>Known</b>	<b>2500+</b>
• <b>Mass</b>	<b><math>1.2-2M_{\odot}</math></b>
• <b>Radius</b>	<b>8-14 km</b>
• <b>Density</b>	<b><math>10^{15}\text{g/cm}^3</math></b>
• <b>In our Galaxy</b>	<b><math>\sim 10^8</math></b>

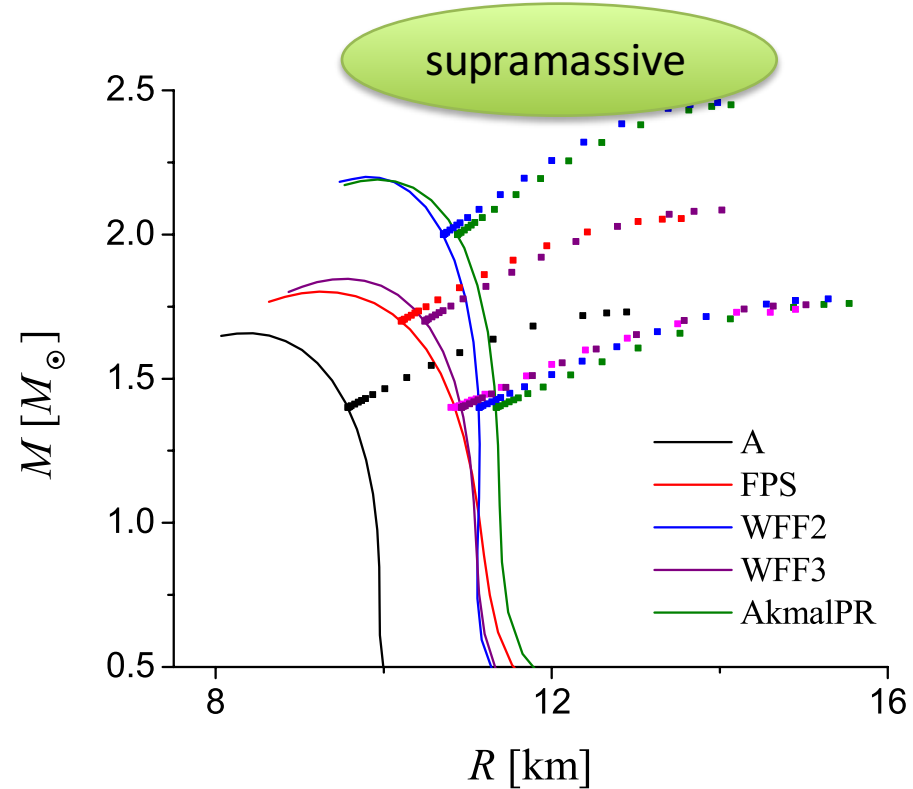


# Neutron Stars: Mass vs Radius

Static Models



Rotating Models



$$M_{max} \approx 1.20271 M_{TOV}$$

Breu-Rezzolla 2015

# Neutron Stars & “universal relations”

Need for relations between the “**observables**” and the “**fundamentals**” of NS physics

Average Density

$$\bar{\rho} \sim M / R^3$$

Compactness

$$z \sim M/R \quad \eta = \sqrt{M^3 / I}$$

Moment of Inertia

$$I \sim MR^2 \quad I \sim J / \Omega$$

Quadrupole Moment

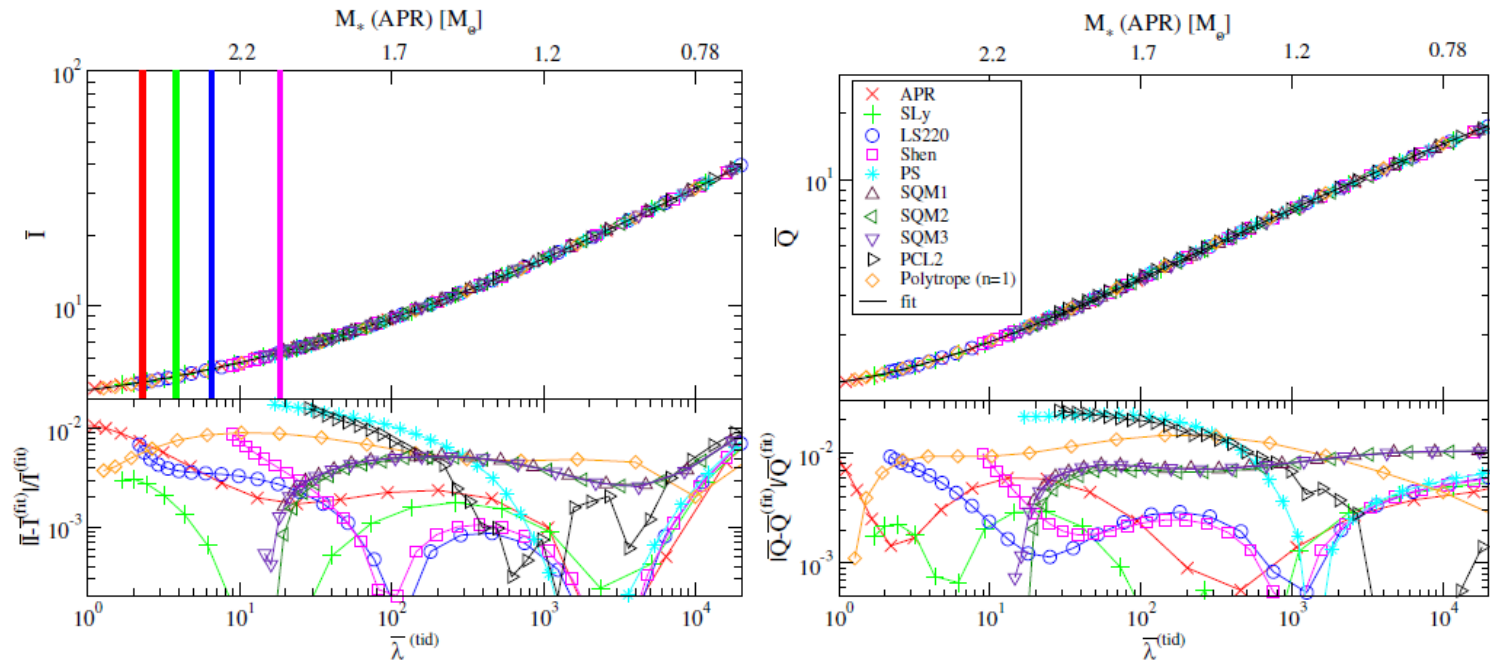
$$Q \sim R^5 \Omega^2$$

Tidal Love Numbers

$$\lambda \sim I^2 Q$$

# I-Love-Q relations

EOS independent relations were derived by Yagi & Yunes(2013) for non-magnetized stars in the slow-rotation and small tidal deformation approximations.

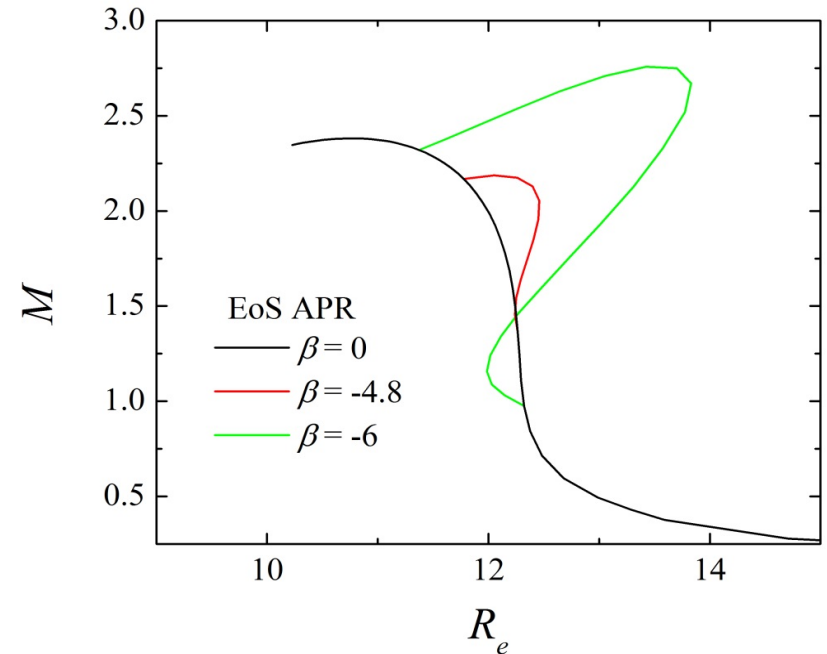
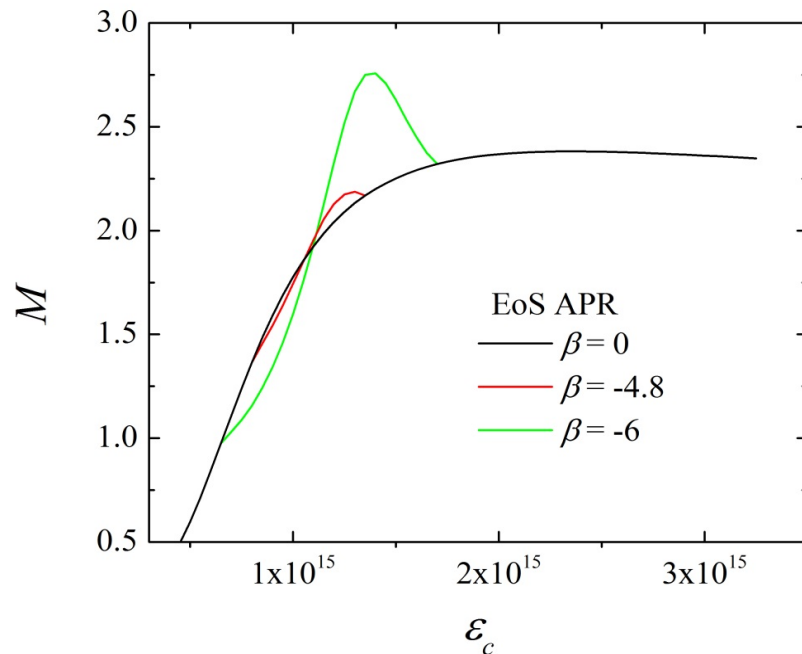


... the relations proved to be valid (*with appropriate normalizations*) even for *fast rotating and magnetized stars*

# STT of gravity – Neutron Stars

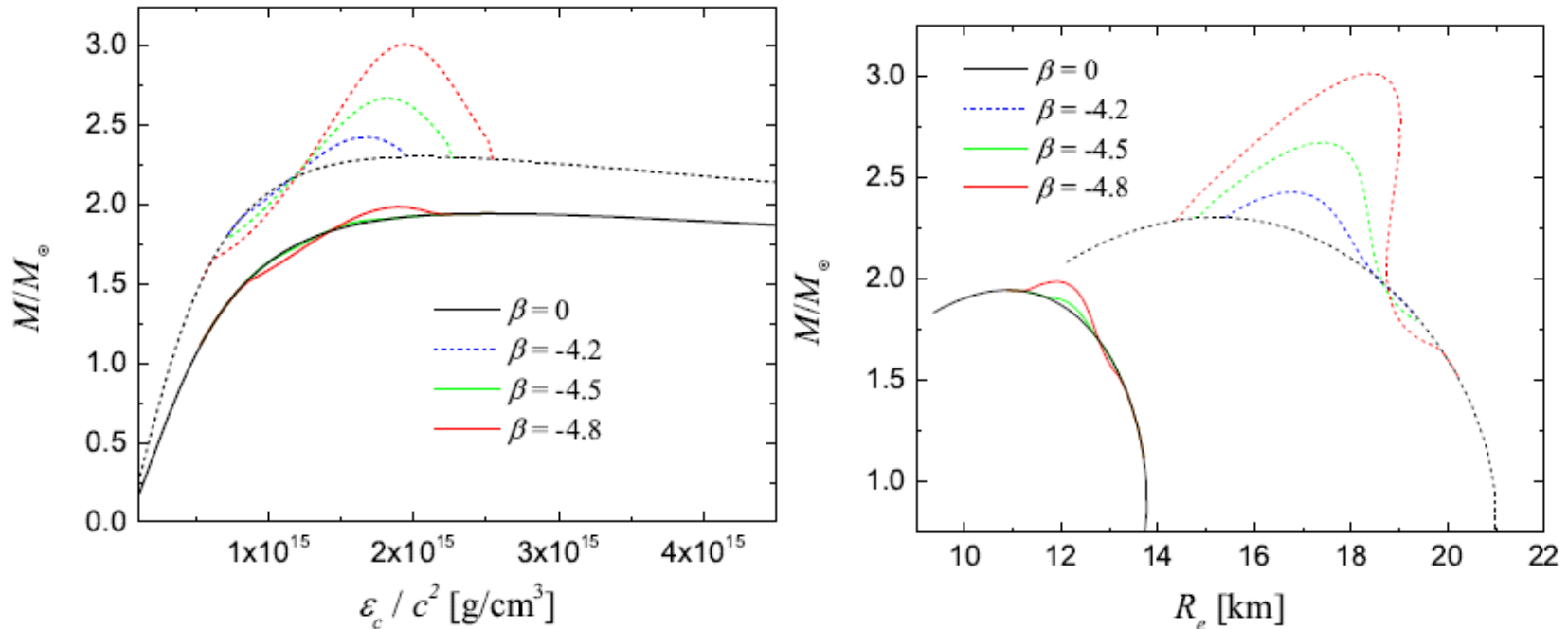
**Spontaneous Scalarization** is possible for  $\beta < -4.35$   
(Damour+Esposito-Farese 1993)

## Properties of the **static** scalarized neutron stars



The solutions with nontrivial scalar field are *energetically more favorable* than their GR counterpart (Harada 1997, Harada 1998, Sotani+Kokkotas 2004).

# STT of gravity – Fast Rotating Stars

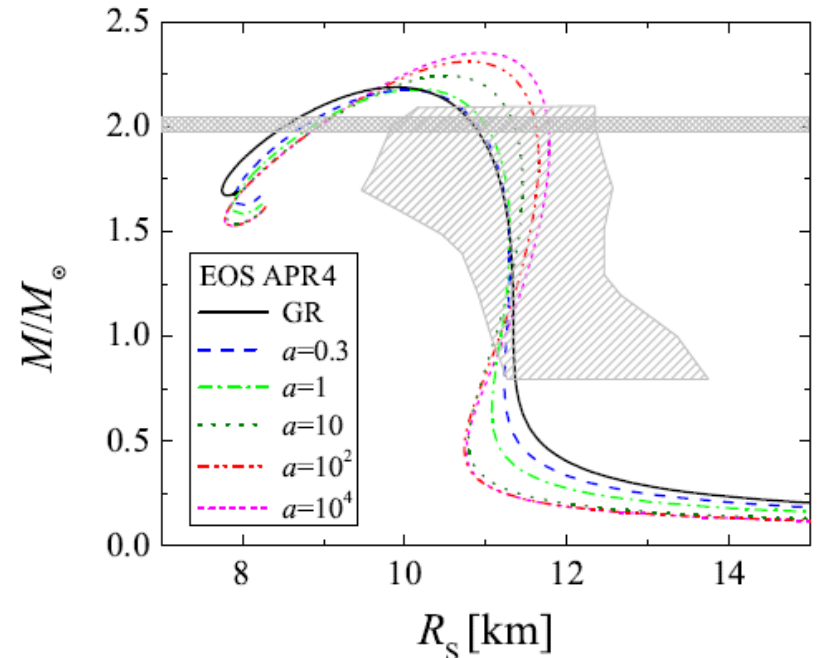
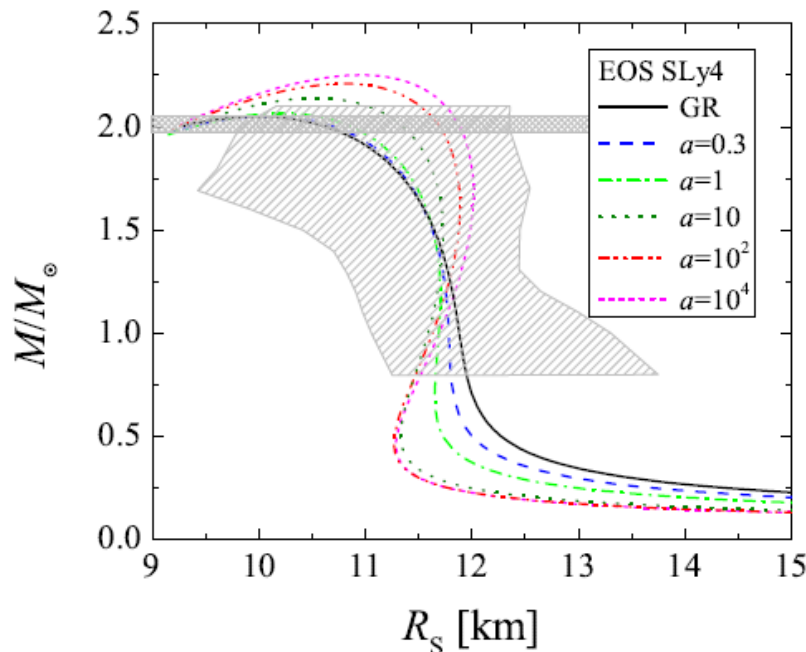


- The effect of scalarization is *much stronger* for fast rotation.
- Scalarized solutions exist for a *much larger range of parameters* than in the static case

Doneva, Yazadjiev, Stergioulas, Kokkotas 2013

# NSs in $f(R)$ -gravity: **Static Models**

$$f(R) = R + aR^2$$



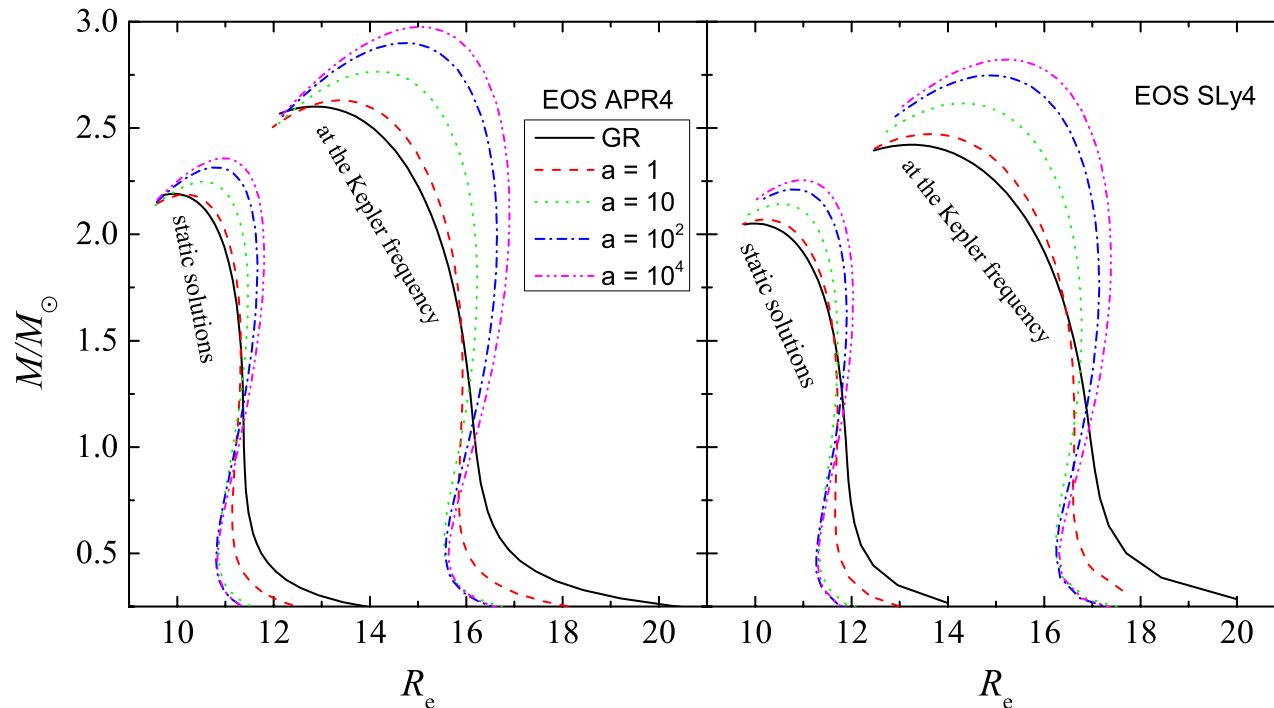
- The differences between the  $R^2$  and GR are comparable with the uncertainties in the nuclear matter equations of state.
- The current observations of the NS masses and radii alone can not put constraints on the value of the parameters  $a$ , **unless the EoS is better constrained in the future.**

Yazadjiev, Doneva, Kokkotas, Staykov (2014)



# NSs in $f(R)$ -gravity: Fast Rotation

$f(R) = R + aR^2$  Mass of radius diagrams for two realistic EOS



Difficult to set constraints on the  $f(R)$  theories using measurement of the neutron star  $M$  and  $R$  alone, until the EOS can be determined with smaller uncertainty.

Yazadjiev, Doneva, Kokkotas, (2015)

# Neutron Star: “ringing”

**p-modes:** main restoring force is the pressure (**f-mode**) ( $>1.5 \text{ kHz}$ )

$$\sigma \approx \sqrt{\frac{GM}{R^3}}$$

**Inertial modes:** (**r-modes**) main restoring force is the **Coriolis force**

$$\sigma \approx \Omega$$

**w-modes:** pure **space-time modes** (only in GR) ( $>5 \text{ kHz}$ )

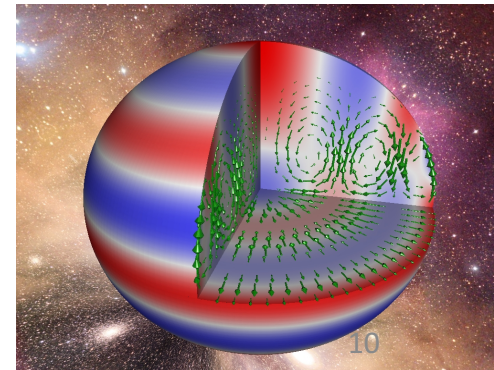
$$\sigma \approx \frac{1}{R} \left( \frac{GM}{Rc^2} \right)$$

**Torsional modes** (**t-modes**) ( $>20 \text{ Hz}$ ) shear deformations. Restoring force, the weak **Coulomb force** of the crystal ions.

$$\sigma \approx \frac{v_S}{R} \sim 16 \ell \text{ Hz}$$

**... and many more**

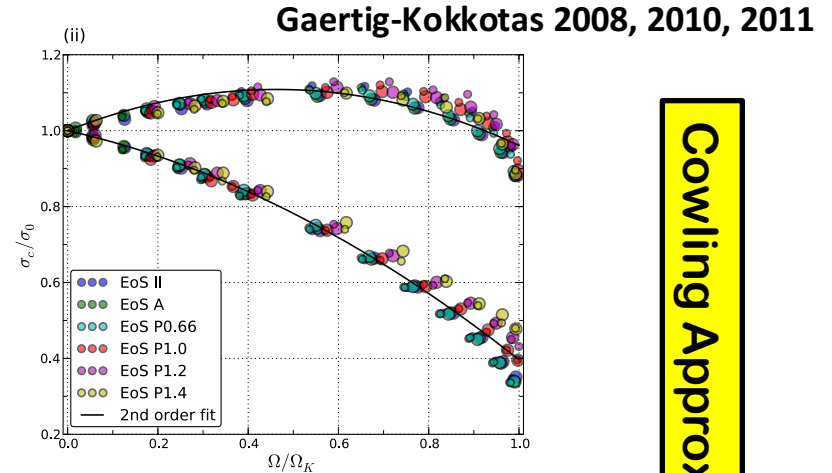
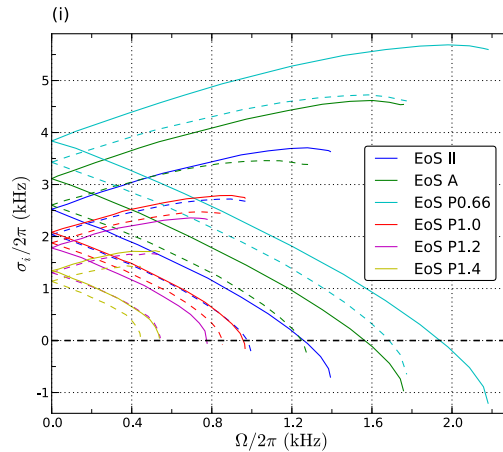
shear, g-, Alfvén, interface, ... modes



# f-modes: **Asteroseismology**

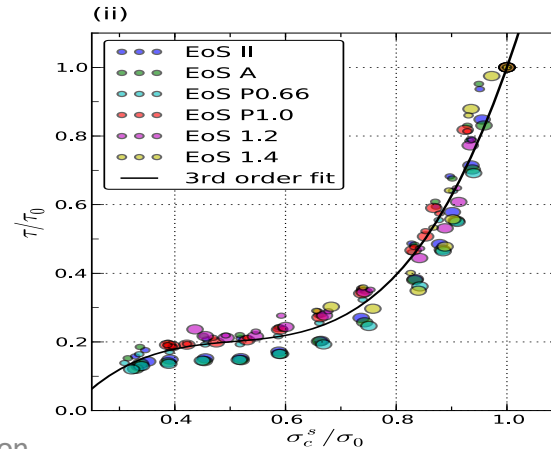
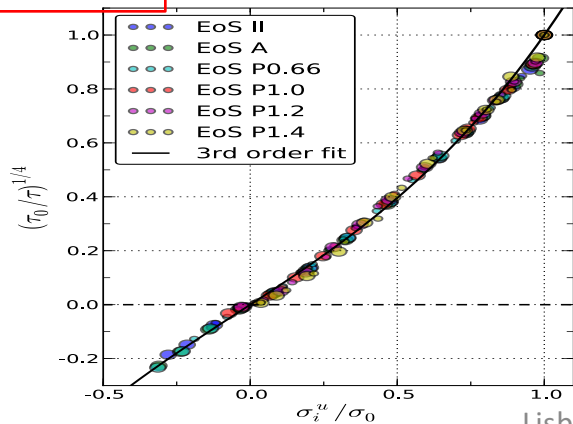
We can produce **empirical relation** relating the parameters of the *rotating neutron stars* to the observed frequencies.

Frequency



Cowling Approximation

Damping/Growth time



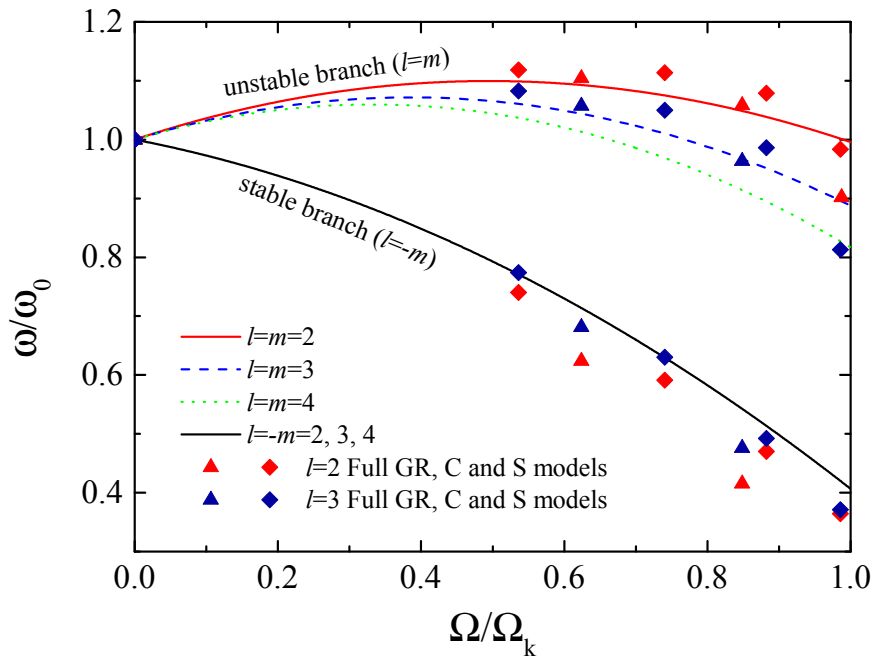
# Asteroseismology: Realistic EoS

Doneva, Gaertig, KK, Krüger (2013)

$$\left(\frac{\omega_c}{\omega_0}\right)_{\ell=2,3,4} \approx f\left(\frac{\Omega}{\Omega_K}\right)$$

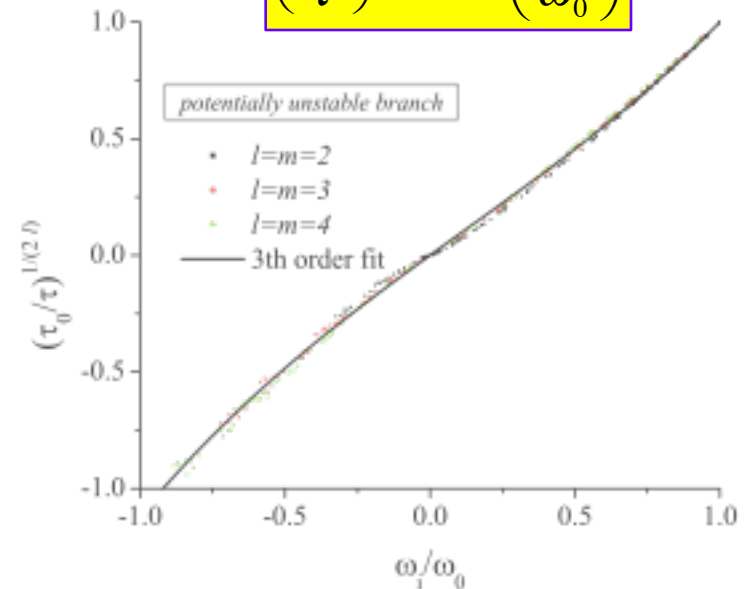
Nearly “universal” fitting formulae for :

- the frequencies
- the damping times
- Independent of GR or Cowling



Oscillation frequencies

$$\left(\frac{\tau_0}{\tau}\right)^{1/2\ell} \approx f\left(\frac{\omega_i}{\omega_0}\right)$$



Damping/Growth Times

# Asteroseismology

**Stable Branch**

$$\ell = 2, 3, 4$$

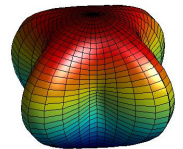
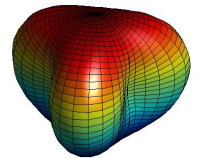
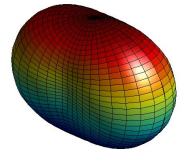
$$\frac{\omega_c^s}{\omega_0} = 1 - 0.235 \left( \frac{\Omega}{\Omega_K} \right) - 0.358 \left( \frac{\Omega}{\Omega_K} \right)^2$$

$$\frac{\omega_{c \ell=2}^u}{\omega_0} = 1 + 0.402 \left( \frac{\Omega}{\Omega_K} \right) - 0.406 \left( \frac{\Omega}{\Omega_K} \right)^2$$

**Unstable Branch**

$$\frac{\omega_{c \ell=3}^u}{\omega_0} = 1 + 0.373 \left( \frac{\Omega}{\Omega_K} \right) - 0.485 \left( \frac{\Omega}{\Omega_K} \right)^2$$

$$\frac{\omega_{c \ell=4}^u}{\omega_0} = 1 + 0.360 \left( \frac{\Omega}{\Omega_K} \right) - 0.543 \left( \frac{\Omega}{\Omega_K} \right)^2$$



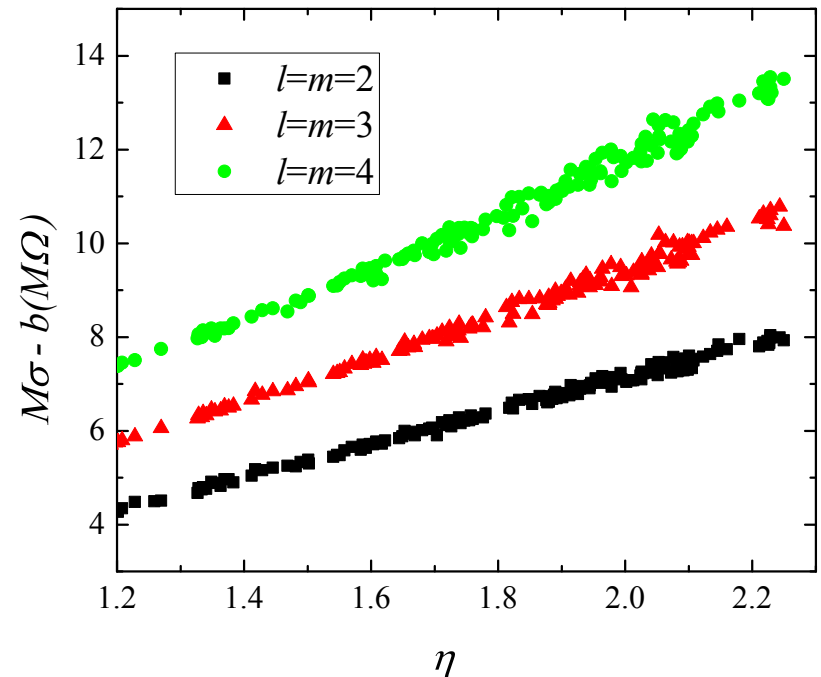
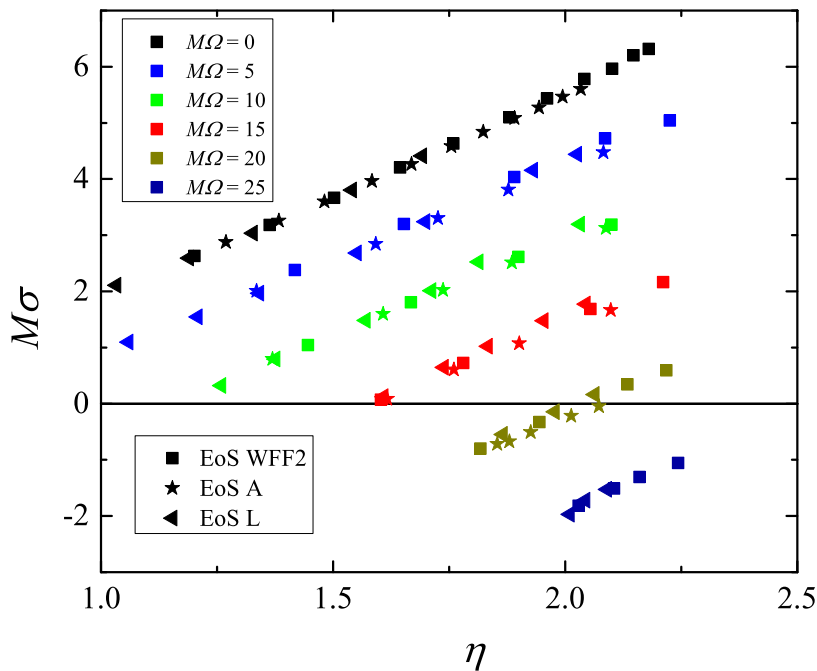
**Unstable Branch**

$$\frac{\tau_0}{\tau} = \text{sgn}(\omega_i^u) \left( 0.900 \left( \frac{\omega_i^u}{\omega_0} \right) - 0.057 \left( \frac{\omega_i^u}{\omega_0} \right)^2 + 0.157 \left( \frac{\omega_i^u}{\omega_0} \right)^3 \right)^{2l}$$

Doneva, Gaertig, KK, Krüger (2013)

# Asteroseismology: alternative scalings

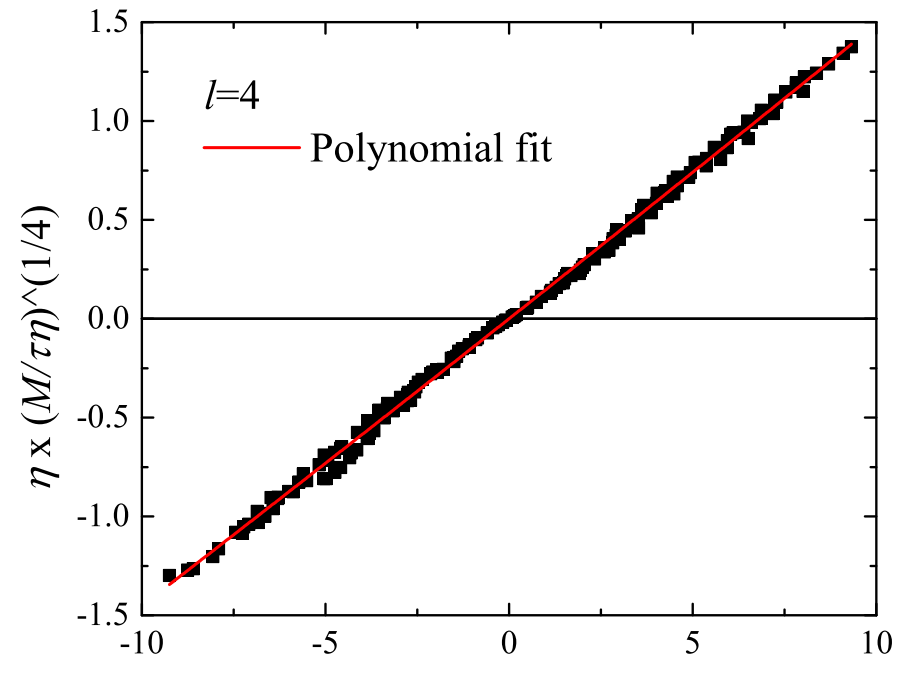
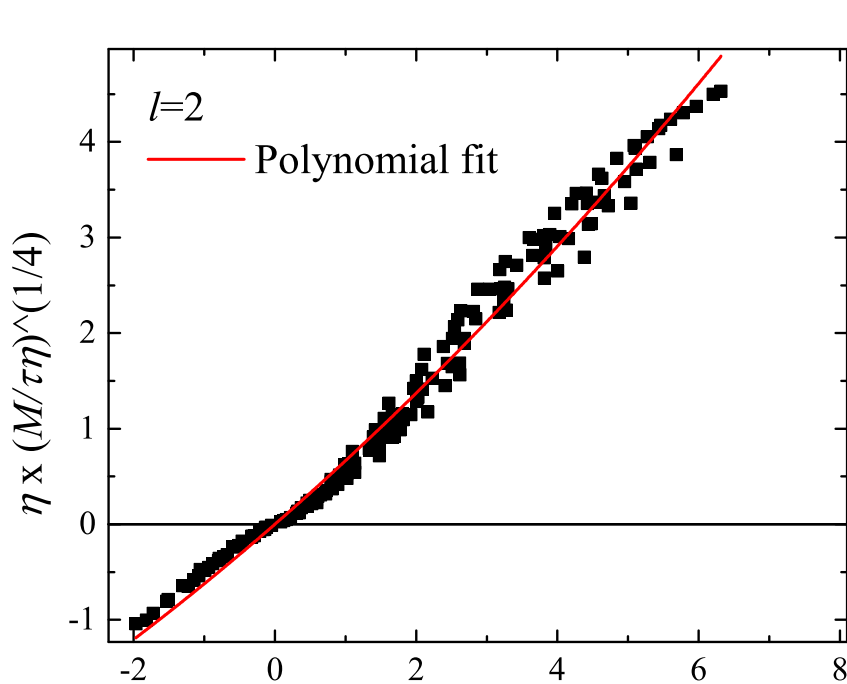
$$M\sigma_i^{unst} = \left[ (0.56 - 0.94\ell) + (0.08 - 0.19\ell)M\Omega + 1.2(\ell + 1)\eta \right]$$



The  $l = 2$  f-mode oscillation frequencies as functions of the parameter  $\eta$

$$\eta = \sqrt{M^3/I} \approx M/R$$

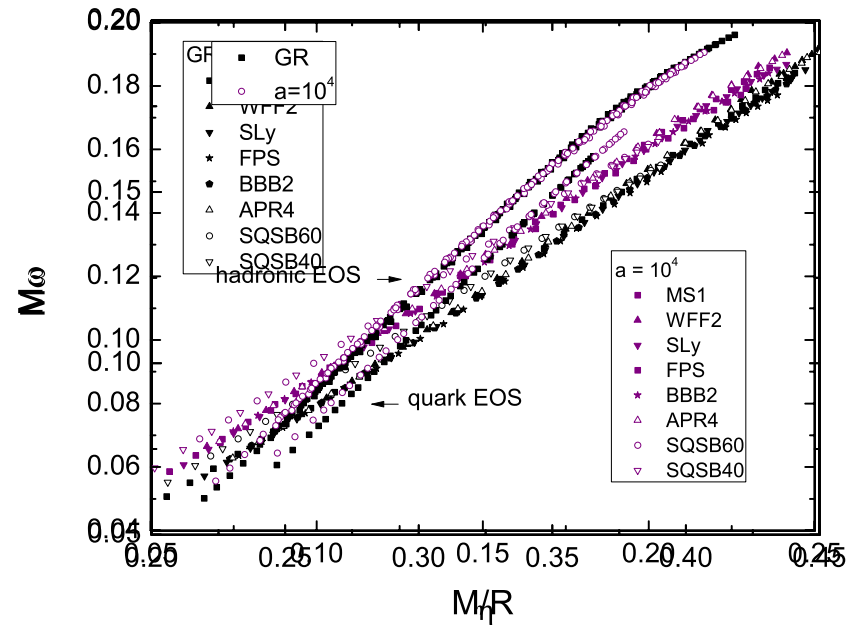
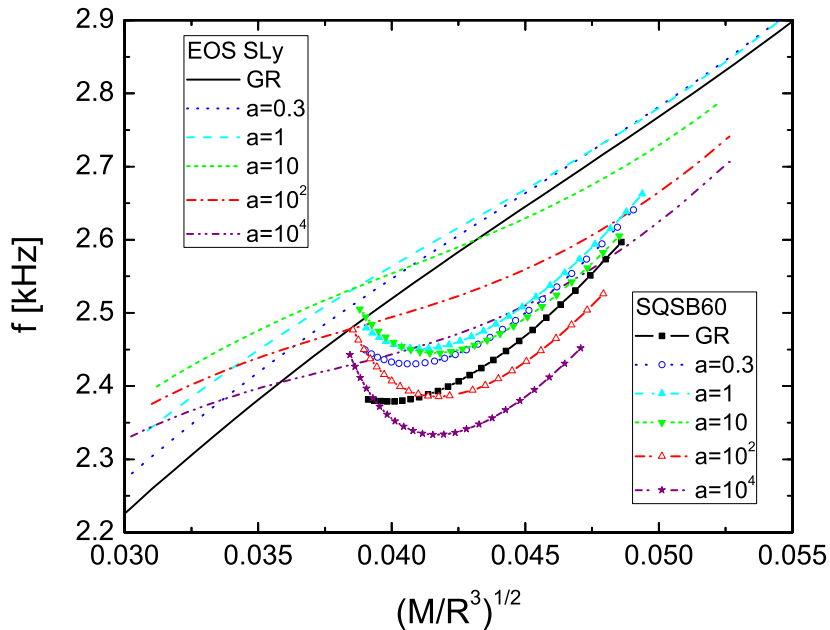
# Asteroseismology: alternative scalings



The normalized damping time  $\eta \left( \frac{M}{\tau \eta^2} \right)^{(1/2\ell)}$  as a function of the normalized oscillation frequency  $M\sigma$  for  $l = m = 2$  &  $l = m = 4$  f-modes.

$$\eta = \sqrt{M^3 / I}$$

# Asteroseismology: Alternative Theories of Gravity



- The maximum deviation between the f-mode frequencies in GR and  $R^2$  gravity is up to **10%** and depends on the value of the  $R^2$  gravity parameter  $a$ .
- Alternative normalizations show nicer relations

$$\eta = \sqrt{M^3 / I}$$



# The CFS instability

**Chandrasekhar 1970:** Gravitational waves lead to a secular instability

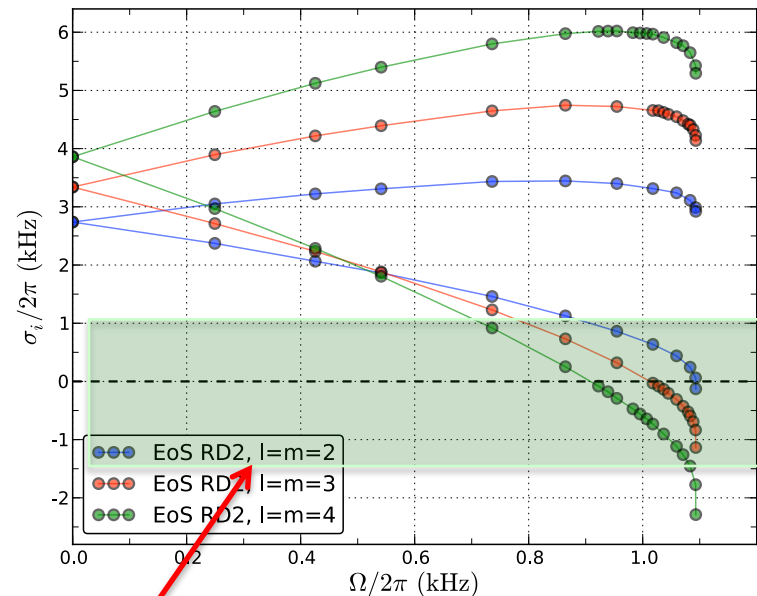
**Friedman & Schutz 1978:** The instability is generic, modes with sufficiently large  $m$  are unstable.

**A neutral mode of oscillation signals the onset of CFS instability**

- ✓ Radiation drives a mode unstable if the mode pattern moves backwards according to an observer on the star ( $J_{rot} < 0$ ), but forwards according to someone far away ( $J_{rot} > 0$ ).
- ✓ They radiate positive angular momentum, thus in the rotating frame the angular momentum of the mode increases leading to an increase in mode's amplitude.

$$\frac{\omega_{in}}{m} = -\frac{\omega_{rot}}{m} + \Omega$$

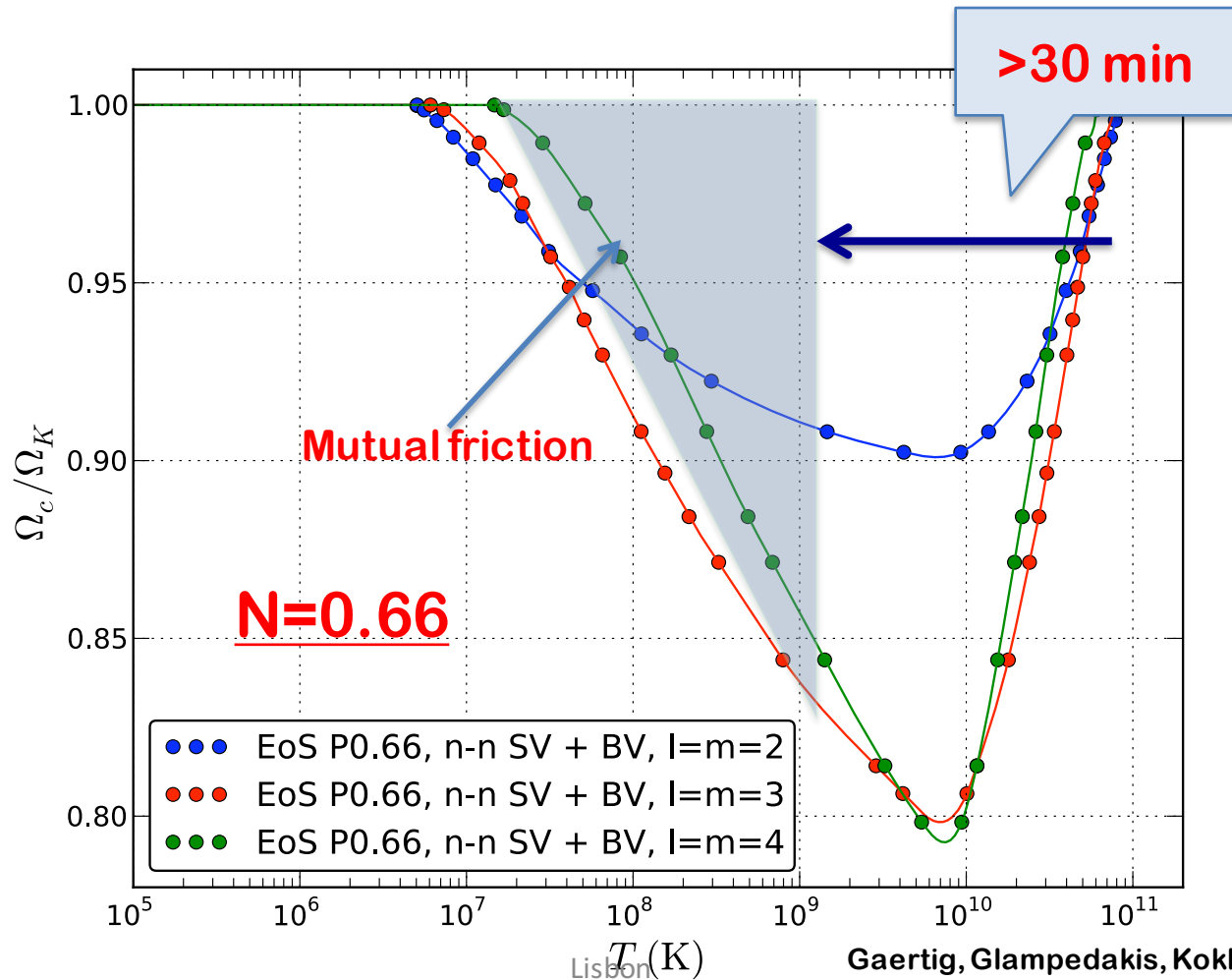
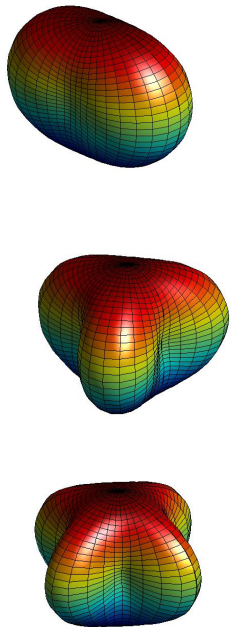
Gaertig+Kokkotas 2008



**LIGO/Virgo/GEO/KAGRA/ET band**

# Instability Window

- ✓ For the **1st time** we have the window of f-mode instability in **GR**
- ✓ **Newtonian**: ( $l=m=4$ ) Ipson-Lindblom (1991)



# Saturation of the Instability

## Parametric Resonance

$$\dot{Q}_\alpha = \gamma_\alpha Q_\alpha + i\omega_\alpha \mathcal{H} Q_\beta Q_\gamma e^{-i\Delta\omega t}$$

$$\dot{Q}_\beta = \gamma_\beta Q_\beta + i\omega_\beta \mathcal{H} Q_\gamma^* Q_\alpha e^{i\Delta\omega t}$$

$$\dot{Q}_\gamma = \gamma_\gamma Q_\gamma + i\omega_\gamma \mathcal{H} Q_\alpha Q_\beta^* e^{i\Delta\omega t}$$

Detuning  $\Delta\omega$

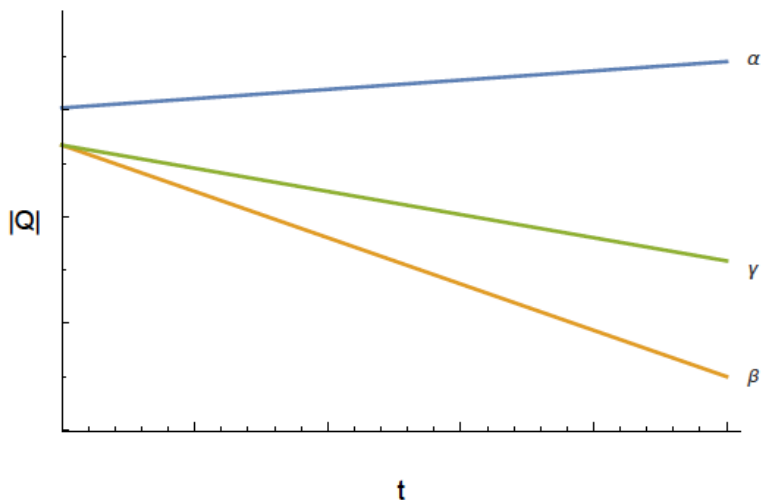
Coupling coefficient  $\mathcal{H}$

Growth/damping rates  $\gamma_i$

Detuning  $\Delta\omega \equiv \omega_\alpha - \omega_\beta - \omega_\gamma \approx 0$

resonance condition

No mode coupling:  $\mathcal{H} = 0$  or  $\Delta\omega \gg 0$



- Modes evolve independently
- No non-linear interaction

$$\dot{Q}_\alpha = \gamma_\alpha Q_\alpha$$

$$\dot{Q}_\beta = \gamma_\beta Q_\beta$$

$$\dot{Q}_\gamma = \gamma_\gamma Q_\gamma$$

# Saturation of the Instability

## Parametric Resonance

$$\dot{Q}_\alpha = \gamma_\alpha Q_\alpha + i\omega_\alpha \mathcal{H} Q_\beta Q_\gamma e^{-i\Delta\omega t}$$

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Detuning  $\Delta\omega$

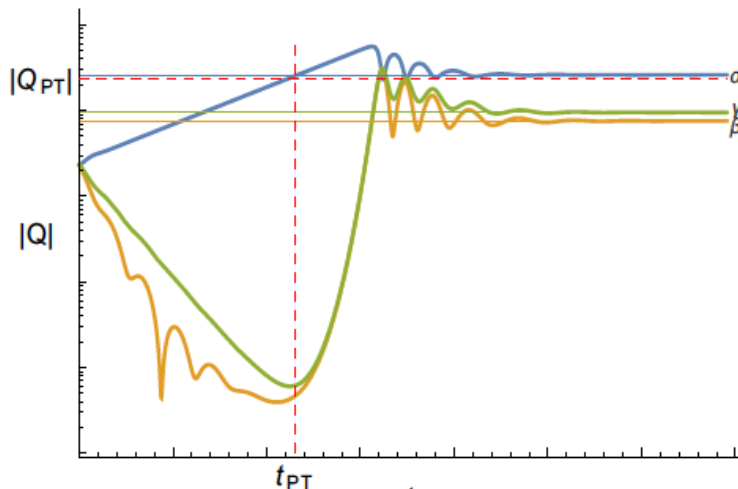
Coupling coefficient  $\mathcal{H}$

Growth/damping rates  $\gamma_i$

Detuning  $\Delta\omega \equiv \omega_\alpha - \omega_\beta - \omega_\gamma \approx 0$

resonance condition

Parametric resonance:  $\mathcal{H} \neq 0$  and  $\Delta\omega \approx 0$



- Parent feeds daughters and makes them grow

- Parametric threshold: daughters grow when

$$|Q_\alpha|^2 > |Q_{PT}|^2 \equiv \frac{\gamma_\beta \gamma_\gamma}{\omega_\beta \omega_\gamma \mathcal{H}^2} \left[ 1 + \left( \frac{\Delta\omega}{\gamma_\beta + \gamma_\gamma} \right)^2 \right]$$

- $|Q_\alpha^{sat}| \approx |Q_{PT}|$

# Saturation of the Instability

## Parametric Resonance

$$\dot{Q}_\alpha = \gamma_\alpha Q_\alpha + i\omega_\alpha \mathcal{H} Q_\beta Q_\gamma e^{-i\Delta\omega t}$$

$$\dot{Q}_\beta = \gamma_\beta Q_\beta + i\omega_\beta \mathcal{H} Q_\gamma^* Q_\alpha e^{i\Delta\omega t}$$

$$\dot{Q}_\gamma = \gamma_\gamma Q_\gamma + i\omega_\gamma \mathcal{H} Q_\alpha Q_\beta^* e^{i\Delta\omega t}$$

Detuning  $\Delta\omega$

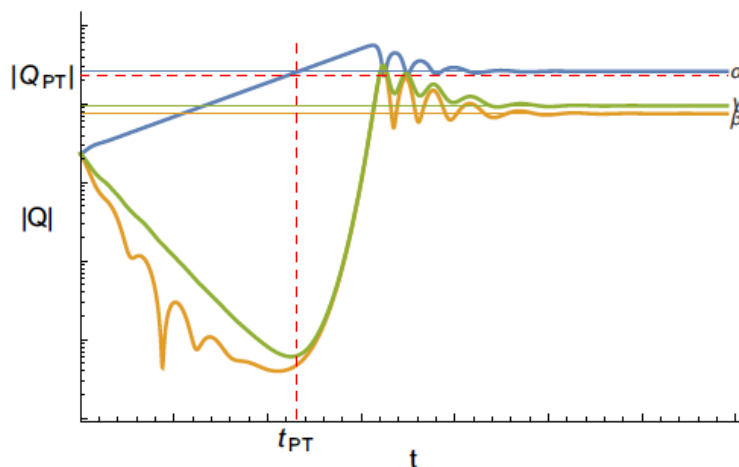
Coupling coefficient  $\mathcal{H}$

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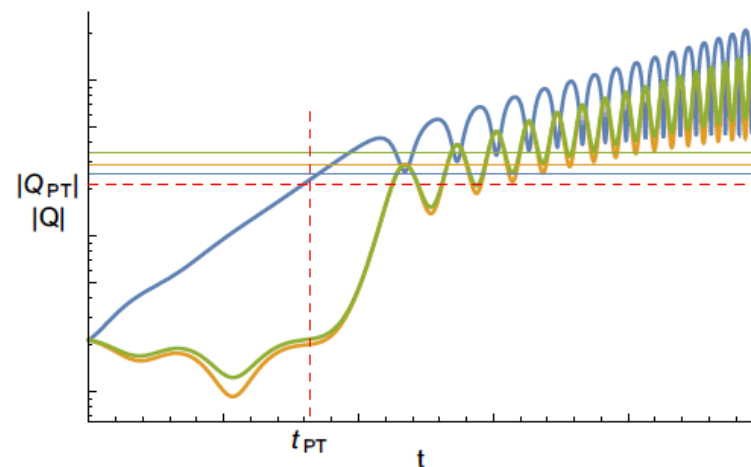
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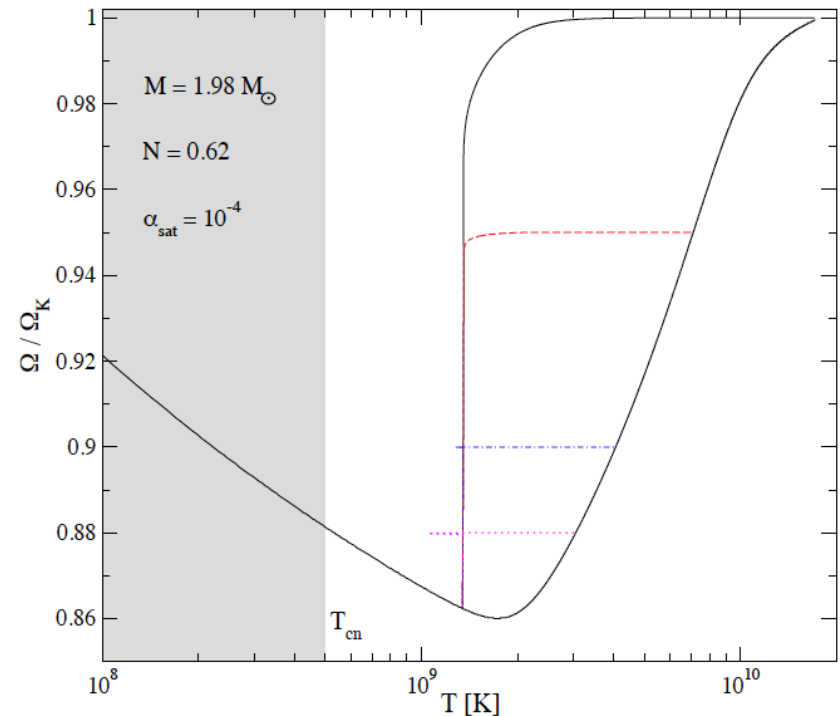
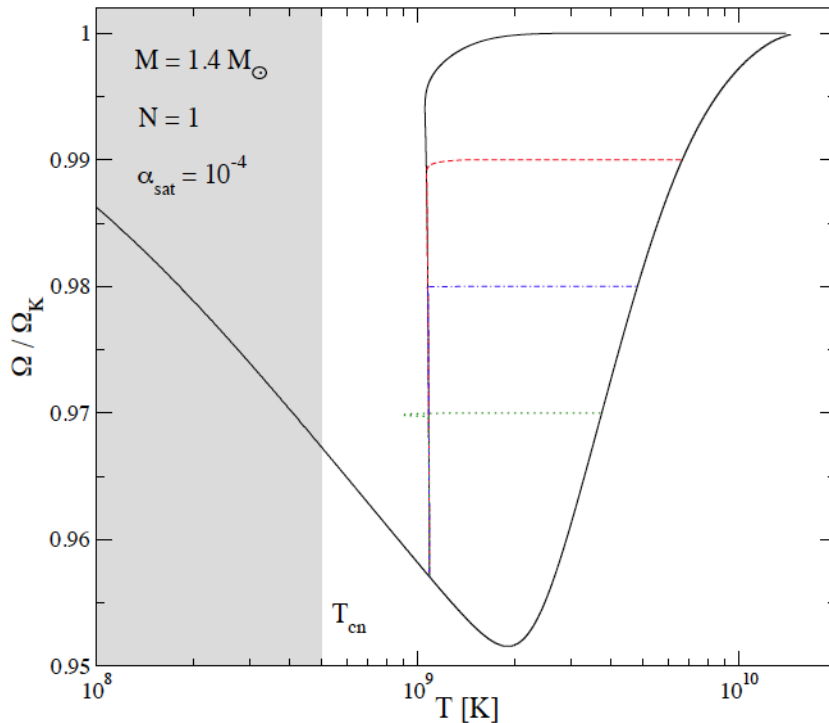
Saturation successful



Saturation unsuccessful



# Evolution of a nascent (unstable) NS

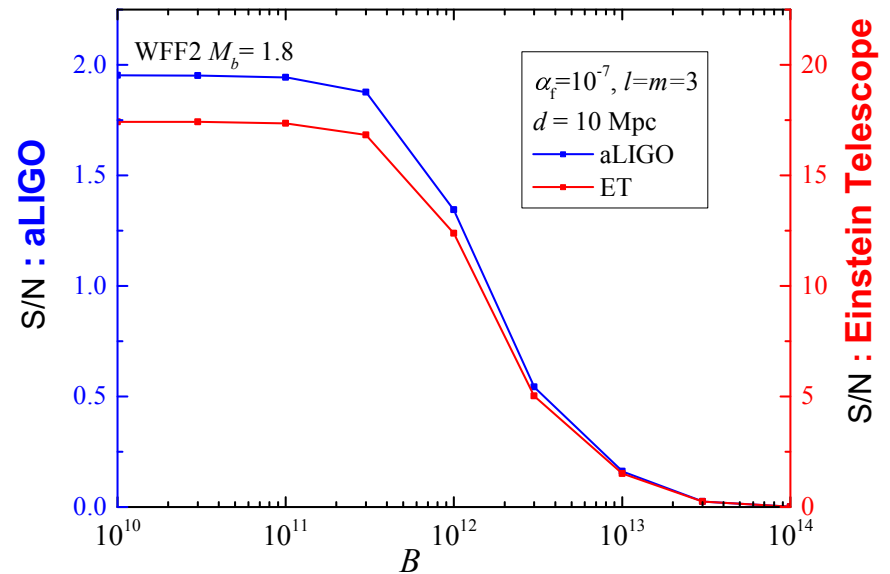
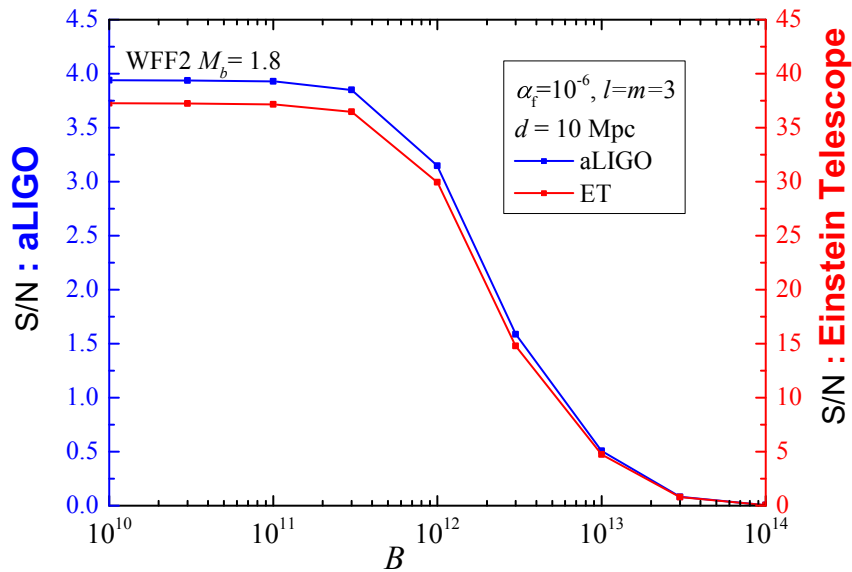


**Mutual Friction plays NO ROLE for the f-mode instability**

Procedure as described in Owen et al 1998 & Anderson, Jones, KK 2002

Passamonti-Gaertig-KK-Doneva (2013)

# Evolution of a nascent (unstable) NS



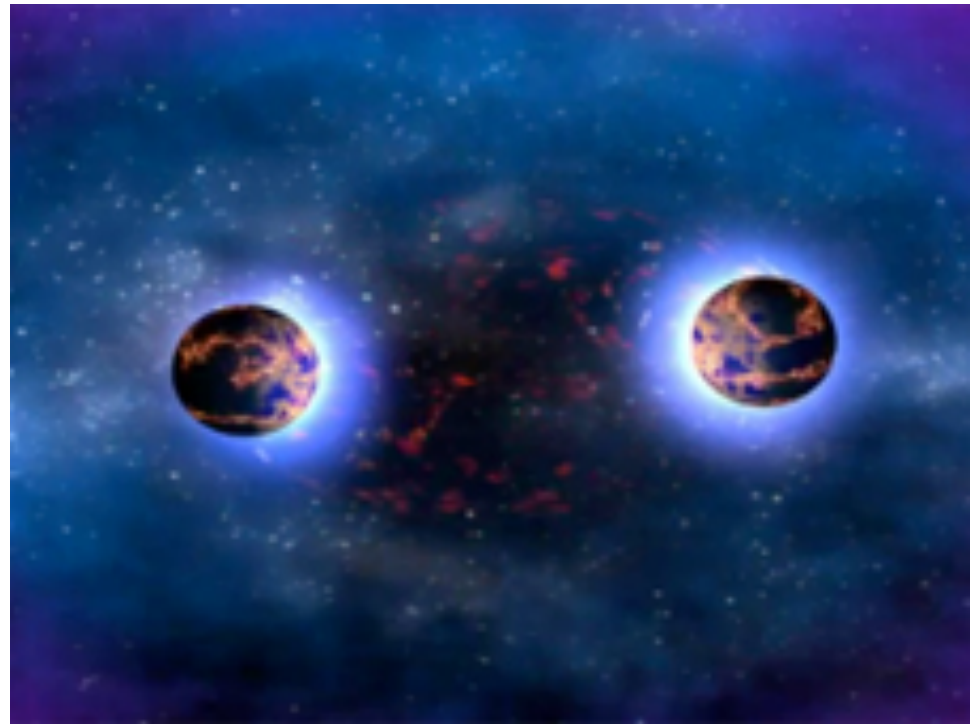
The instability can be potentially observed by events in Virgo cluster

**BUT**

- Event rate is unknown
- Competition with **r-mode** and **magnetic field** slow-down
- Saturation amplitude is **varying during the process**

Passamonti-Gaertig-Kokkotas-Doneva (2013)

# A GRAVITATIONAL WAVE **AFTERGLOW** IN BINARY NEUTRON STAR MERGERS

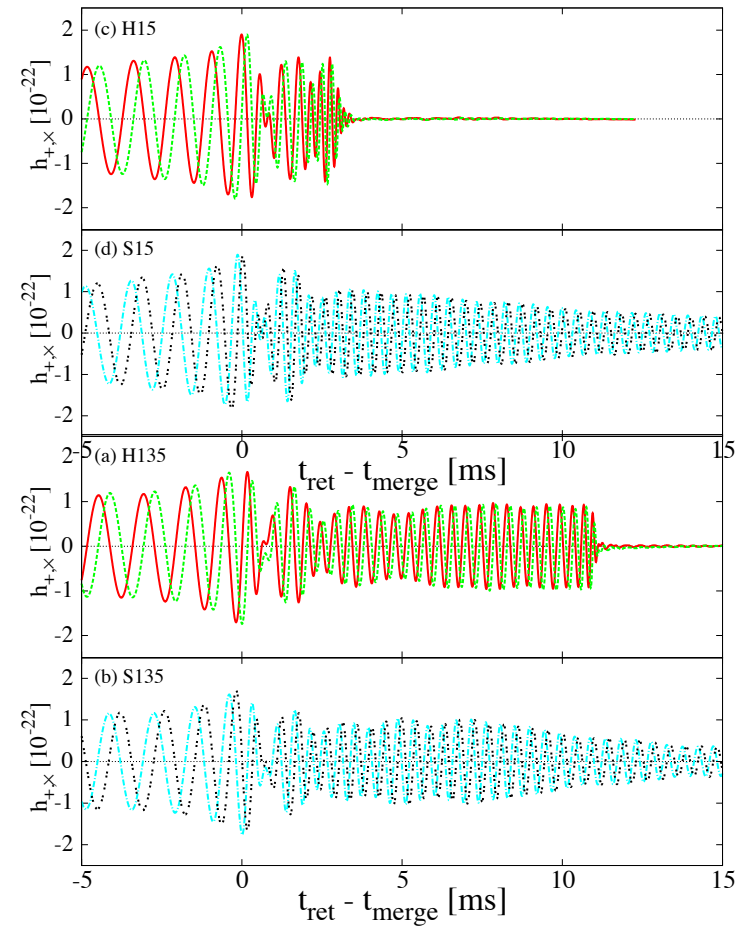




# Binary Neutron Star Mergers

## the standard scenario

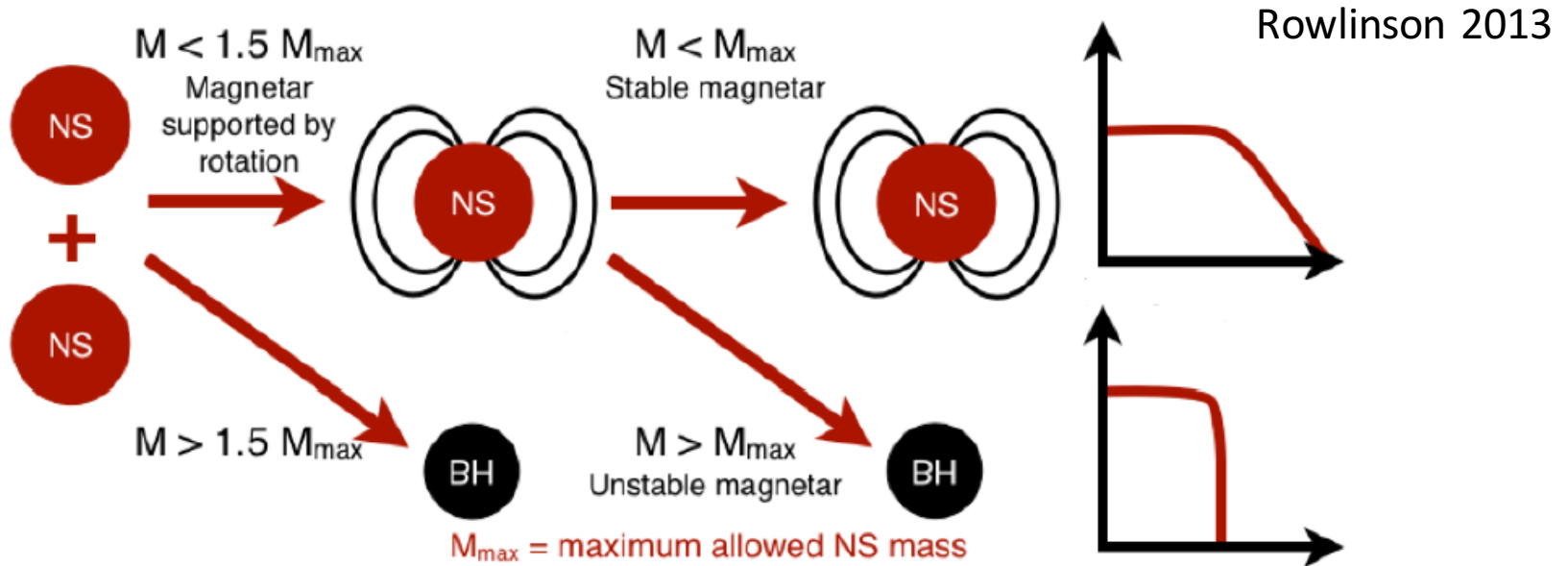
- I. After the merging the final body most probably will be a **supramassive NS** ( $2.5-3 M_{\odot}$ )
- II. The body will be **differentially rotating**
- III. The “averaged” **magnetic field** will amplified due to MRI (up to **3-4 orders of magnitude**)
- IV. The strong **magnetic field** and the **emission of GWs** will **drain rotational energy**
- V. This phase **will last only a few tenths of msec** and can potentially provide information for the Equation of State (EOS)



Kiuchi, Sekiguchi, Kyutoku, Shibata 2012

# Post-Merger Scenario

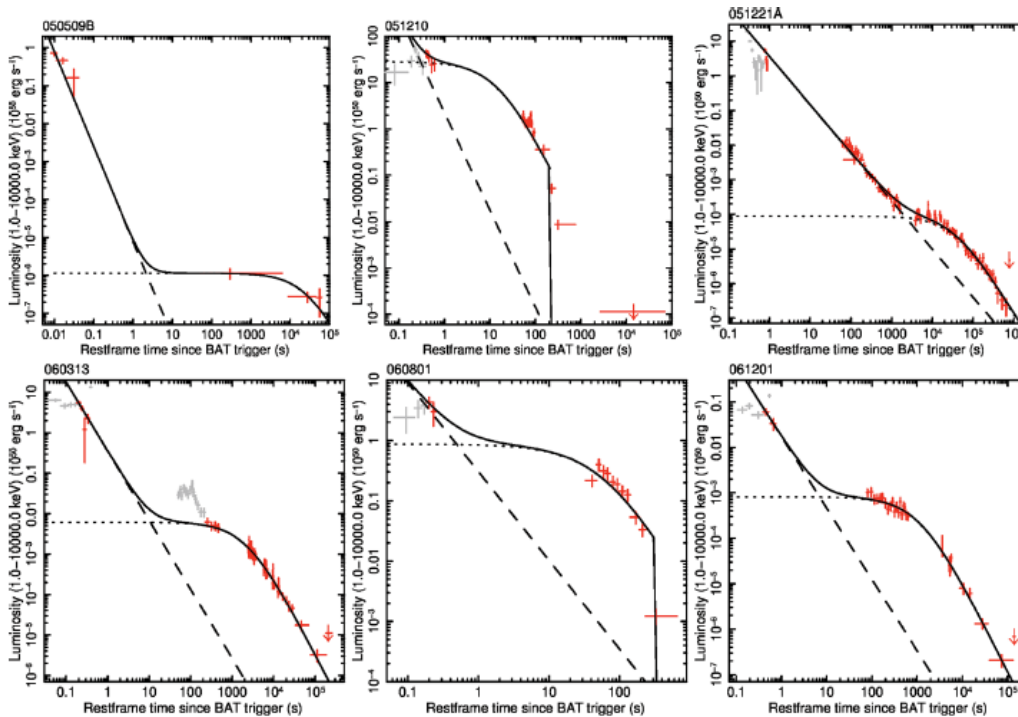
## Three different outcomes of the merger of a BNS merger



- ✓ The outcome is dependent upon the mass ( $M$ ) of the central object formed and the maximum possible mass of a neutron star ( $M_{\max}$ ).
- ✓ On the right are sketches of the expected light-curves if a stable (top) or an unstable magnetar (bottom) is formed.

# Short $\gamma$ -ray light curves

- The favored progenitor model for SGRBs is the merger of two NSs that triggers an explosion with a **burst of collimated  $\gamma$ -rays**.
- Following the initial prompt emission, **some SGRBs exhibit a plateau phase** in their X-ray light curves that indicates **additional energy injection from a central engine**, believed to be a **rapidly rotating, highly magnetized neutron star**.
- The collapse of this “protomagnetar” to a black hole is likely to be responsible for a **steep decay** in X-ray flux observed at the end of the plateau.

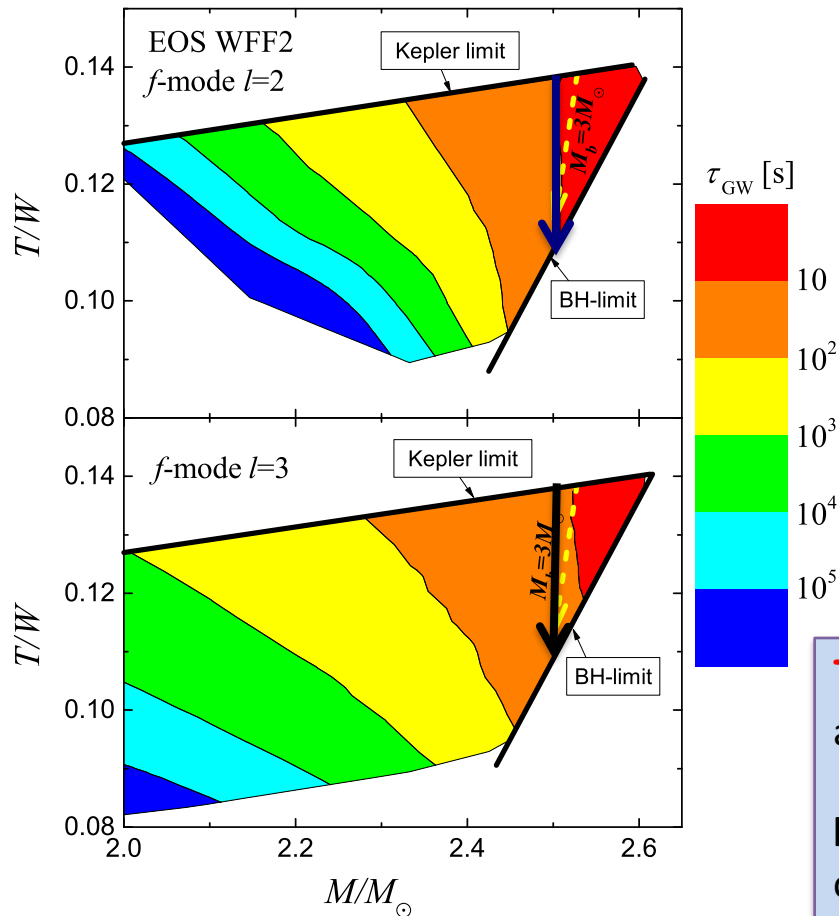


Rowlinson, O'Brien, Metzger,  
Tanvir, Levan 2013

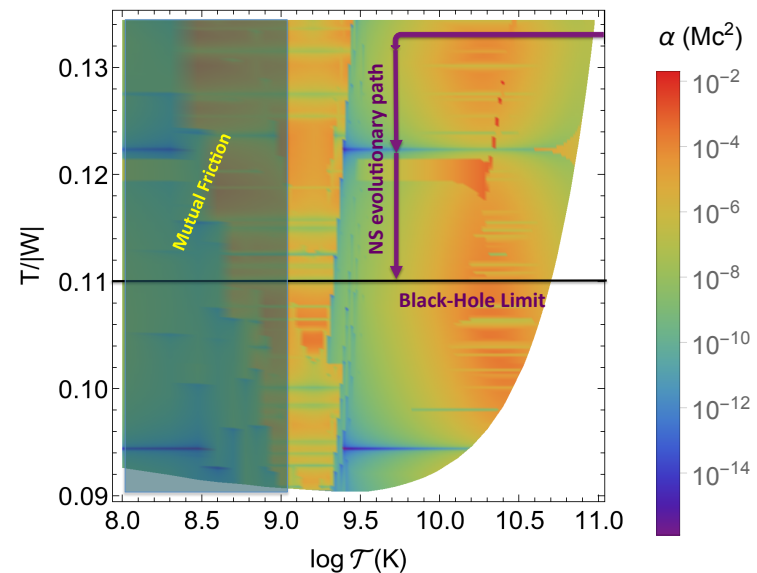
# Post-Merger NS: secular instability

Doneva-KK-Pnigouras 2015

The post-merger object **is still stable** and rotates at nearly Kepler **periods < 1ms**



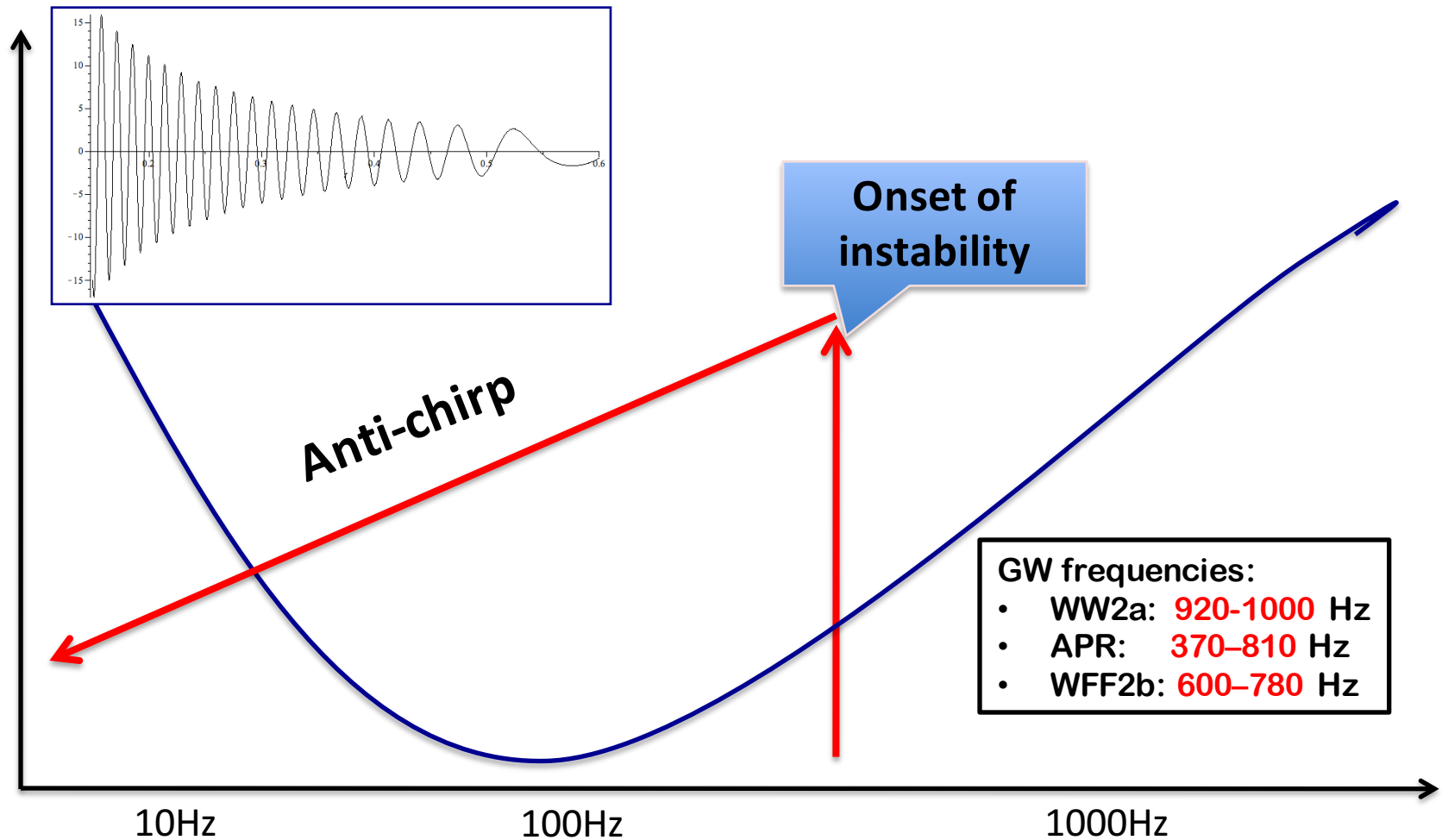
The evolution into the instability window



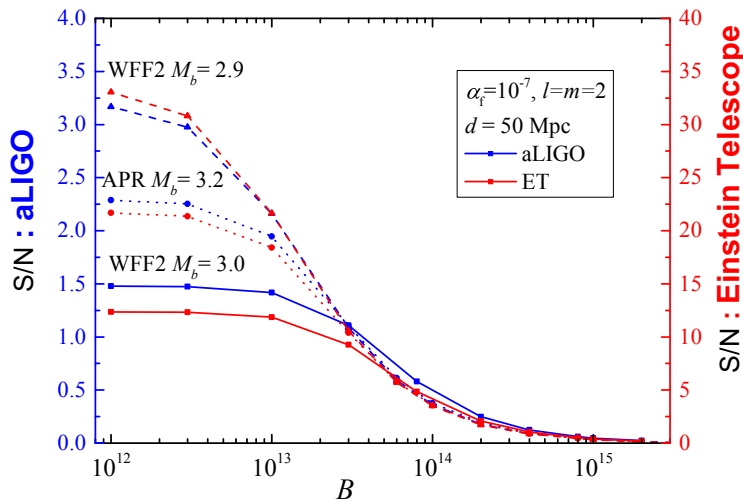
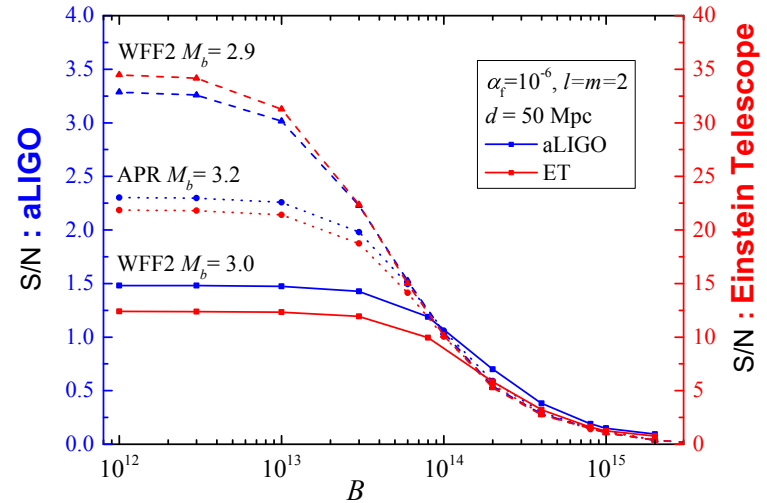
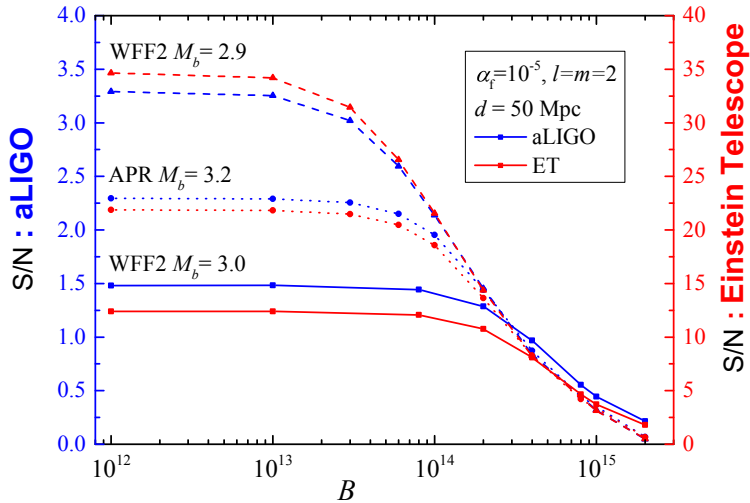
**The detailed evolution depends:**

- Strength of the **magnetic field** (averaged may reach  $10^{15-16}$  G !)
- Equation of state** of the post-merger neutron star
- Fine details of the **non-linear dynamics** (three mode coupling, shock waves, wave breaking)

# F-mode instability: Detectability



# Post-Merger NS: GW Afterglow



Competition between the B-field and the secular instability

**GW frequencies:**  
**WW2a: 920-1000 Hz**  
**APR: 370-810 Hz**  
**WFF2b: 600-780 Hz**

Doneva-KK-Pnigouras 2015

# Conclusions

- ✓ The influence of **alternative/extended theories** of gravity on NS parameters is much more pronounced for fast rotation.
- ✓ Difficult to set constraints on theories using measurement of the neutron star **M** and **R** alone, **until the EOS can be determined with smaller uncertainty.**

# Conclusions

- ✓ The influence of **alternative/extended theories** of gravity on NS parameters is much more pronounced for fast rotation.
  - ✓ Difficult to set constraints on theories using measurement of the neutron star **M** and **R** alone, until the EOS can be determined with smaller uncertainty.
- 
- ✓ **Asteroseismology** for fast rotating stars **is possible**
  - ✓ **Asteroseismology** for magnetars **is promising (!)**



# Conclusions

- ✓ The influence of **alternative/extended theories** of gravity on NS parameters is much more pronounced for fast rotation.
  - ✓ Difficult to set constraints on theories using measurement of the neutron star **M** and **R** alone, until the EOS can be determined with smaller uncertainty.
- ✓ **Asteroseismology** for fast rotating stars **is possible**
  - ✓ **Asteroseismology** for magnetars **is promising**
- ✓ f-mode instability can be **potentially** a good source for GWs for supramassive NS
  - ✓ The **efficiency** depends on the **saturation amplitude** and **strength of B-field**.