NS properties Phase transitions

Constraints on

Physics and Astrophysics of Neutron Stars

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Lecture 1 SAG11, 1-6 September 2023

Neutron star has a size of Lisbon

- NS properties
- Phase transitions Phase diagram Constraints or



Stellar evolution



Pulsar - rotating neutron star



Phase transitions Phase diagra

Constraints on realistic EoS



Pulsars can spin up to 1000 times per second!



Neutron star

- the last stage of massive star evolution, produced in core collapse supernova explosion. Usually detected as a pulsar
- the most compact and exotic astrophysical objects in the universe that are accessible by direct observations
- the most extreme objects in terms of the rotation speed, density, radius, magnetic field, etc.



	Neutron star	White dwarf	Sun
$M_{max}(M_{\odot})$	2	1.44	1
R (km)	11-12	10 ⁴	$7 \cdot 10^5$
$n_c (g/cm^3)$	$10^{14} - 10^{15}$	10 ⁷	10 ²
rotation speed (s)	$10^{-3} - 1$	100	$2 \cdot 10^{6}$
B (G)	$10^8 - 10^{16}$	100	1
Т (К)	$10^6 - 10^{11}$	10 ³	10 ⁵

NS properties

Phase transitions

Phase diagram

Constraints on realistic EoS

Outer crust

On the surface p = 0 as there is nothing above the crust

NS properties

Phase transitions Phase diagran Constraints or realistic EoS NS temperature $\mathcal{T}\sim 10^9 K$. The thermal energy is pretty small compared with the Fermi energy, thus the standard NS model uses the zero-temperature approximation, Typical 'excitation energies' $\sim 10^{10} K \simeq MeV$. Thus, NS can be regarded as being in the 'lowest energy state' - the ground state of matter

- Nucleons arranged into Fe⁵⁶ nuclei, the most tightly bound nucleons. Nuclei arranged in a periodic lattice to minimize the energy.
- At density $10^4 g \ cm^{-3}$ atoms become completely ionized.
- When the Fermi energy of the electrons exceeds ~ 1*MeV*, *Fe*⁵⁶ is not any more a favoured nucleus due to inverse beta decay.

$$p + e^- \rightarrow n + \nu$$
 (1)

Electrons from the top of the Fermi sea will combine with protons to form neutrons. Neutrinos will escape.

Due to inverse beta decay nuclei will become more and more neutron rich. Now on Ni^{62} will become more preferable nuclei. It continues until density becomes equal to 4.3 $10^{11}g\ cm^{-3}$

Binding energies of nuclei

NS properties

Phase transitions Phase diagra

Constraints on realistic EoS





Interior Structure



Interior Structure

Neutron drip line defines the boundary between outer and inner parts of the crust

NS properties

Phase transitions Phase diagram Constraints on realistic EoS At density 4.3 $10^{11}g \ cm^{-3}$ nuclei become so neutron rich that neutrons begin to 'drip out' of the nuclei. Inner crust starts to be consist of lattice of exotic nuclei embedded in a sea of neutrons.



Credits: J. Bramante & N. Raj

Chart of nuclei









Interior Structure

Fluid core

NS properties

- Phase transitions
- Phase diagram
- Constraints on realistic EoS

- Above 2.5 10¹⁴g cm⁻³ the nuclei will 'melt'. A fluid of neutrons, protons and electrons will appear.
- The relative number of neutrons, protons and electrons can be obtained by requiring β equilibrium:

$$n \to p + e^- + \bar{\nu}_e, \quad p + e^- \to n + \nu_e$$
 (2)

 Chemical equilibrium requires chemical potential of neutrons equals to the sum of chemical potentials of proton and electron.

NS properties

Phase transitions Phase diagrar Constraints of

β equilibrium

Not only neutrons Matter consists also on protons, electrons, and further elementary particles neutron mass $m_n = 939.56541$ MeV proton mass $m_p = 938.2708$ MeV electron mass $m_e = 0.511$ MeV

 β decay: $n\rightleftharpoons p+e^-+\bar\nu_e$ electron antineutrino $\bar\nu_e$

chemical equilibrium $\mu_n = \mu_p + \mu_e + \mu_{\bar{\nu}_e}$ electron antineutrinos escape, zero density, $\mu_{\bar{\nu}_e} = 0$. charge neutrality: $n_e = n_p$

Nuclear material constituents



NS properties

"Cold" beta equilibration

At $T \lesssim 1 \, {
m MeV}$:

NS properties

realistic EoS

- Fermi surface approximation is valid
- neutrinos escape, so it is the "neutrino-transparent" regime

 $n \rightarrow p + e^- + \bar{\nu}_e$ $p + e^- \rightarrow n + \nu_e$

Neutrino energy $\sim T$ is negligible compared to μ_n, μ_p, μ_e . Beta equilibrium condition is

$$\mu_n = \mu_p + \mu_e$$



- Why does a density change drive the proton fraction out of beta equilibrium?
- What goes wrong with the Fermi Surface approximation as T approaches 1 MeV?

Credits: Mark Alford

Interior of neutron star



Nuclear pasta configurations produced in Molecular dynamics simulations

NS properties





Interior Structure

NS properties

Phase transitions Phase diagrar Constraints o



Interior Structure

NS properties

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Different Possible Structures

traditional neutron star te s+n θ, μ u c t / η g η,ρ,e, μ

[Weber, J. Phys. G 27, 465 (2001)]

NS properties

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Phase diagram

Constraints or realistic EoS





[Weber, J. Phys. G 27, 465 (2001)]

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Different Possible Structures



[Weber, J. Phys. G 27, 465 (2001)]



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Different Possible Structures



[Weber, J. Phys. G 27, 465 (2001)]



Phase transitions Phase diagram Constraints o





Phase transitions Phase diagra Constraints o



Phase diagrams - map of matter properties

NS properties

Phase transitions

Phase diagram

Constraints or realistic EoS

Phase diagram of water



Phase diagram of strongly interacting matter



Types of phase transitions



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Phase transitions

A phase transition is a change in state from one phase to another

NS properties

Phase transitions

Phase diagram

Constraints on realistic EoS

Examples of phase transitions:

- Quantum condensation of bosonic fluids (Bose-Einstein condensation);
- The breaking of symmetries in the laws of physics during the early history of the universe as its temperature cooled;
- Water freezing, evaporation, condensation, sublimation;
- The transition between the ferromagnetic and paramagnetic phases of magnetic materials at the Curie point;
- and many more.







paramagnetic to ferromagnetic phase transition from zero to non-zero magnetic moment

Phase transition in champagne



Strongly Interacting Matter Phase Diagram

NS properties Phase transitions

Phase diagram

Constraints or realistic EoS



What is Quark-Gluon Plasma?

NS properties Phase transitions

Phase diagram

Constraints on realistic EoS



Proton structure

Proton consists of two u and one d quarks Neutron consists of two d and one u quarks





Want to know what is inside? What to do?

NS propertie Phase transitions

Phase diagram

Constraints on realistic EoS



To break it apart!!!



Large Hadron Collider (LHC) in CERN



NS propertie Phase transitions

Phase diagram

Constraints or realistic EoS

ALICE experiment at the LHC


Stages of Heavy-Ion Collisions

NS properties Phase transitions

Phase diagram

Constraints on realistic EoS



- Non-equilibrium dynamics the formation of local equilibrium
- The hydrodynamic expansion local equilibrium
- Hadronisation formation of full equilibrium
- Hadron freeze-out full equilibrium, formation of particle yields
- Free streaming

Constraints on the EoS



The nuclear Equation of State (EoS) at T=0



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$EoS \Leftrightarrow M-R$ diagram





The Tolman-Oppenheimer-Volkoff (TOV) equation constrains the structure of a spherically symmetric body of isotropic material which is in static gravitational equilibrium. The equation is derived by solving the Einstein equations for a general time-invariant, spherically symmetric metric.

$$\frac{dp}{dr} = -(p+\epsilon) \frac{M+4\pi r^3 p}{r(r-2M)}, \qquad (3)$$

$$\frac{dM}{dr} = 4\pi\epsilon r^2, \qquad (4)$$

TASK: Derive the TOV Eq.

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Mass-Radius diagram

NS propertie Phase transitions Phase diagra

Constraints on realistic EoS



NS families

Strange stars

M and R measurements

Double NS system

Millisecond pulsars

Magnetars

NS glitches

Superfluidity/ superconductivi

Physics and Astrophysics of Neutron Stars

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Equation of state (EoS) \iff Mass-Radius diagram



Watts et al. 2015 SKA Science Book

EoS is an input to the Tolman-Oppenheimer-Volkoff (TOV) equation

$$\frac{dp}{dr} = -\frac{(\epsilon + p)(M + 4\pi r^3 p)}{r^2 \left(1 - 2M/r\right)},$$
(1)

Third family of compact stars

NS families

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Superfluidity/ superconductivity



Credits: David Alvarez-Castillo, David Blaschke, arXiv:1807.03258 [nucl-th]

Hybrid Stars

NS families

Strange stars

M and R measurement

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Millisecond pulsars

Magnetars

NS glitche

Superfluidity/ superconductivity



FIG. 2: Four possible topologies of the mass-radius relation for hybrid stars. The thick (green) line is the hadronic branch. Thin solid (red) lines are stable hybrid stars; thin dashed (red) lines are unstable hybrid stars. In (a) the hybrid branch is absent. In (c) there is a connected branch. In (d) there is a disconnected branch. In (b) there are both types of branch. In realistic neutron star M(R) curves, the cusp that occurs in cases (a) and (d) is much smaller and harder to see [13, 15]

Alford, Han, and Prakash (2013)

Strange stars



Strange star M-R diagram

NS families

Strange stars

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NS masses

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Hulse-Taylor binary system (PSR B1913+16) is the first system for which reliable mass measurements were made. Consist of pulsar and an NS. 1993 Nobel Prize in Physics "for the discovery of a new type of pulsar, a discovery that has opened up new possibilities for the study of gravitation".

3.0

Mass (M.)

NS families

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Superfluidity/ superconductivity

Neutron star masses



inferred mass distributions for the different populations of neutron stars.

F. Ozel and P. Freire, Annu. Rev. Astron. Astrophys. 54, 401 (2016)

M and R measurements

4 NSs with mass above $2M_{\odot}$

- PSR J0348+0432: $M = 2.01^{+0.04}_{-0.04} M_{\odot}$ (Antoniadis+ 2013)
- PSR J0740+6620: $M = 2.08^{+0.07}_{-0.07} M_{\odot}$ (Fonseca+ 2021)
- PSR J1810+1744: $M = 2.13^{+0.04}_{-0.04} M_{\odot}$ (Romani+ 2021)
- PSR J0952-0607: $M = 2.35^{+0.17}_{-0.17} M_{\odot}$ (Romani+ 2022)

Radius measurements have big uncertainties that are related to the modelling of the atmosphere composition



Ivanytskyi&Blaschke 2022 9/33

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Binary system

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- Superfluidity/ superconductivity



Neutron Star Interior Composition ExploreR (NICER)



Credits: Sebastien Guillot

The pulsed emission caused by hot spots on a rotating neutron star can help measure the compactness.

Front-side hotspot rotates through the line of sight Thermal Lightcurve Mode ~106 K ~105 K **Relative flux** 0.5 Pulse phase invi

Strange star

M and R measurem<u>ents</u>

Double NS system

Millisecond pulsars

Magnetars

NS glitches

NICER results



Double pulsar system

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- PSR J0737-3039 (PSR J0737-3039A (1.337 M_{\odot}) & PSR J0737-3039B (1.250 M_{\odot})) is the only known system containing two pulsars thus a 'double pulsar' system.
- The orbit has decayed since the binary system was initially discovered, in precise agreement with the loss of energy due to gravitational waves described by Einstein's general theory of relativity.



Keplerian orbital parameters



Post-Keplerian parameters

system



Credits: Thomas Tauris

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Post-Keplerian Parameters

Expressions for post-Keplerian parameters depend on theory of gravity. For general relativity:

- ώ: Periastron precession
- γ: Time dilation and grav. redshift
- r: Shapiro delay "range"
- s: Shapiro delay "shape"
- P_b: Orbit decay due to GW emission

$$\label{eq:geod} \begin{split} \Omega_{\text{geod}} &: \text{Frequency of geodetic} \\ \text{precession resulting from spin-orbit} \\ \text{coupling} \end{split}$$

PSR B1913+16: $\dot{\omega}$, γ , $\dot{P}_{\rm b}$ measured

PSR J0737-3039A/B $\dot{\omega}, \gamma, r, s, P_b$ measured
$$\begin{split} \dot{\omega} &= 3T_{\odot}^{2/3} \, \left(\frac{P_{b}}{2\pi}\right)^{-5/3} \, \frac{1}{1-e^{2}} \, (m_{p}+m_{c})^{2/3} \\ \gamma &= T_{\odot}^{2/3} \, \left(\frac{P_{b}}{2\pi}\right)^{1/3} \, e \, \frac{m_{c}(m_{p}+2m_{c})}{(m_{p}+m_{c})^{4/3}} \\ r &= T_{\odot}m_{c} \\ s &= \sin i = T_{\odot}^{-1/3} \, \left(\frac{P_{b}}{2\pi}\right)^{-5/3} \, x \, \frac{(mp+m_{c})^{2/3}}{m_{c}} \\ \dot{P}_{b} &= -\frac{192\pi}{5} \, T_{\odot}^{5/3} \, \left(\frac{P_{b}}{2\pi}\right)^{-5/3} \, f(e) \, \frac{m_{p}m_{c}}{(m_{p}+m_{c})^{1/3}} \\ \Omega_{\text{geod}} &= \left(\frac{2\pi}{P_{b}}\right)^{5/3} \, T_{\odot}^{2/3} \, \frac{m_{c}(4m_{p}+3m_{c})}{2(m_{p}+m_{c})^{4/3}} \, \frac{1}{1-e^{2}} \\ T_{\odot} &= GM_{\odot}/c^{3} = 4.9254909\mu \text{s} \end{split}$$

Credits: Scuola nazionale de Astrofísica Radio Pulsars

Confirmation of GR

Mass-mass diagram for the J0737-3039 system. All lines meet at a single point in the diagram, i.e., GR passes the tests posed by these four distinct constraints.

The orbital decay due to the emission of gravitational waves has been measured for six DNS systems: PSR B1913+16, J0737-3039A/B, B1534+12, J1756-2251, J1906+0746 and B2127+11C.



Credits: Kramer et al. 2006

Strange stars

M and R measurements

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Millisecond pulsars

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- Millisecond pulsars (MSPs) refers to pulsars with spin periods in the range 1.39 < P < 20 ms and $\dot{P} < 10^{-19}$.
- These systems have been heavily recycled by a long-lived accretion phase in a low-mass X-ray binary (LMXB).
- $\blacksquare~\sim20\%$ are isolated, most of the remaining objects have white dwarf companions and very small orbital eccentricities.
- The fast (and very stable) rotation of MSPs makes their timing significantly more precise than for the pulsars in DNSs. However, their low orbital eccentricities pose a problem for mass determination (and tests of GR), since, in these cases, the PK parameters w and γ cannot be measured accurately.
- MSPs in globular clusters (GCs) have gravitational interactions with nearby stars that, with time, can make an initially circular orbit acquire a substantial eccentricity ⇒ possible to measure \dot{w} and total mass.



Generic Evolution of Pulsars

Newly-born neutron stars Observed young pulsars -thousands of yrs old; all spin -spin as fast as allowed (>1kHz); with remarkably low freq. hot (~ MeV) Middle-aged pulsars Non-pulsating neutron stars -a few millions of yrs old ... -spin down further become invisible Low-mass X-ray binaries Millisecond pulsars "recycled" -spun up by accretion over -can be billions of yrs old; many millions of yrs extremely stable: timing

Millisecond pulsars Magnetars

NS glitches

Superfluidity/

superconductivity

$P - \dot{P}$ diagram

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Credits: W.Becker, M.G. Bernhardt, A. Jessner, arXiv:1305.4842

International Pulsar Timing Array

NS families Strange stars

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NS families Strange stars

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Magnetar

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Superfluidity/ superconductivity

> Millisecond pulsars (MSPs) as detectors for nanoHz GWs from Super-Massive Black Hole Binaries (SMBHBs)

Image: Bill Saxton (NRAO/AUI)

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First results

NS families

M and R measurements

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Superfluidity/ superconductivity



Plot of correlation between pulsars observed by NANOGrav (2023) vs angular separation between pulsars, compared with a theoretical model (dashed purple, or *Hellings-Downs* curve) and if there were no gravitational wave background (solid green)

$P - \dot{P}$ diagram

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Credits: W.Becker, M.G. Bernhardt, A. Jessner, arXiv:1305.4842

Magnetars (magnetic star)

- Ultra-strong magnetic field $\sim 10^{14} 10^{15}$ gauss. For comparison: magnetic field strength of Earth ~ 0.5 gauss, normal star ~ 100 gauss, Sunspots ~ 3000 gauss, pulsars $\sim 10^{12}$ gauss.
- Young NSs.
- Sources of the soft γ repeaters (SGR) and anomalous X-ray pulsars powered by the decay of the magnetic field.

SGR is an astronomical object which emits large bursts of γ -rays and X-rays at irregular intervals.

- Ultra-strong NS field decay, causing extreme heating of crust ⇒ high X-ray luminosity.
- Starquakes triggered on the surface of the magnetar disturb the magnetic field leading to extremely powerful γ-ray flare emissions.



m

Millisecond pulsars

Magnetars

NS glitches

Magnetars

 During initial formation of NS, rapid spin of core can produce magnetic fields as high as 10¹⁵⁻¹⁶ G - most NSs do no spin fast upon formation, prohibiting this dynamo from operating; more "typical"pulsar fields result.

Credits: Patric Slane

Strongest magnetic field that could possibly be contained in a NS

$$\frac{B_{max}^2}{8\pi} \sim P \sim \frac{GM^2}{R^4} \implies B_{max} \sim 4 \cdot 10^{18} G \tag{2}$$



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Glitches

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Superfluidity/ superconductivity A glitch is a sudden increase in the rotational frequency of a rotation-powered pulsar. Following a glitch is a period of gradual recovery where the observed periodicity slows to a period close to that observed before the glitch. These gradual recovery periods have been observed to last from days to years. Currently, only multiple glitches of the Crab and Vela pulsars have been observed and studied extensively.)

Explanation: Glitches are thought to be the result of a rapid transfer of angular momentum between this inner superfluid and the outer crust, to which the NS magnetosphere is attached and whose radiation we observe.

The process leading to a glitch is believed to be from the interior of the NS, rather than from the magnetosphere which causes the spin down. This is because the structure of pulses observed during glitch events remains unchanged.



Credits: S.A. Abdullah, M.M. Yaseen

QCD phase diagram

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Cooper pairing in NSs

Magnetars NS glitches

parallel momenta, which is expected to occur, at low enough temperature, in any degenerate system of fermions in which there is an attractive interaction between particles whose momenta lie close to the Fermi surface protons electrons neutrons neutrinos. if $T \gtrsim 5 \text{ MeV}$ Fermi surfaces: thermal blurring $T/v_{\rm F}$ Superfluidity/ superconductivi neutrons: $\sim 90\%$ of barvons $p_{Fn} \sim 350 \,\mathrm{MeV}$ protons: $\sim 10\%$ of baryons $p_{Fp} \sim 150 \, {
m MeV}$ electrons: same density as protons $p_{Fe} = p_{Fp}$ only present if mfp $\ll 10$ km i.e. when $T \gtrsim 5$ MeV neutrinos:

The Cooper pairing appears as a result of the attraction of particles with the anti-

Credits: Mark Alford

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Term symbols


Pairing in the quark core

- NS families Strange stars
- M and R measurements
- Double NS system
- Millisecond pulsars
- Magnetars
- NS glitches
- Superfluidity/ superconductivit





2-flavor SC (2SC) Bailin, Love (1984)



Color-flavor-locking (CFL) Alford, Rajagopal, Wilczek (1984)

Lecture Tomorrow: Multi-Messenger Astrophysics

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First Cosmic Event Observed in Gravitational Waves and Light

Colliding Neutron Stars Mark New Beginning of Discoveries

Collision creates light across the entire electromagnetic spectrum. Joint observations independently confirm Einstein's General Theory of Relativity, help measure the age of the Universe, and provide clues to the origins of heavy elements like gold and platinum

On August 17, 2017, 12:41 UTC, LIGO (US) and Virgo (Europe) detect gravitational waves from the merger of two neutron stars, each around 1.5 times the mass of our Sun. This is the first detection of spacetime ripples from neutron stars. Within two seconds, NASA's Fermi Gamma-ray Space Telescope detects a short gamma-ray burst from a region of the sky overlapping the LICG/Virgo position. Optical telescope observations pinpoint the origin of this signal to NGC 4993 a galaxy located 130 million licht versi distant



